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- ALIGNED**

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Leaders in Online Education

Standard 3 Social Studies & VCCE

Values • Character • Citizenship • Education

SAMPLE



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Leaders in Online Education

A Note to Parents & Teachers

At pennacool.com, we strive to motivate students by making learning fun, exciting and rewarding. We produce high-quality content by partnering with teachers and graphic designers to create online and printed content for all primary school students — ensuring no child is left behind.

Key Features

Two Subjects, One Book (Social Studies + V.C.C.E)

- Lighter load for students' bookbags
- More affordable for parents
- More convenient for teachers

Website Integration

- Additional online videos, quizzes, and games available to students and teachers
- Gain points for a chance to win great prizes

Presentation

- Curriculum-aligned content
- Easy-to-read font
- Gamified content, eye-catching and visually appealing to students



Throughout this book you may see the following icons. Here's what they mean:

BONUS CONTENT



Online content that can be found on pennacool.com, like videos, quizzes and games. Teachers can also find printable worksheets that can be used in class. Follow the steps below to find the content as they appear in the book.

pennacool.com → Workbooks → Std 3 Social Studies and VCCE Workbook → Bonus Content

This icon represents a project that can be done.



PROJECT

RESEARCH IT!



This icon lets you know that this activity requires you to do some research.

FUN FACT!



This icon indicates additional interesting information relating to the topic.

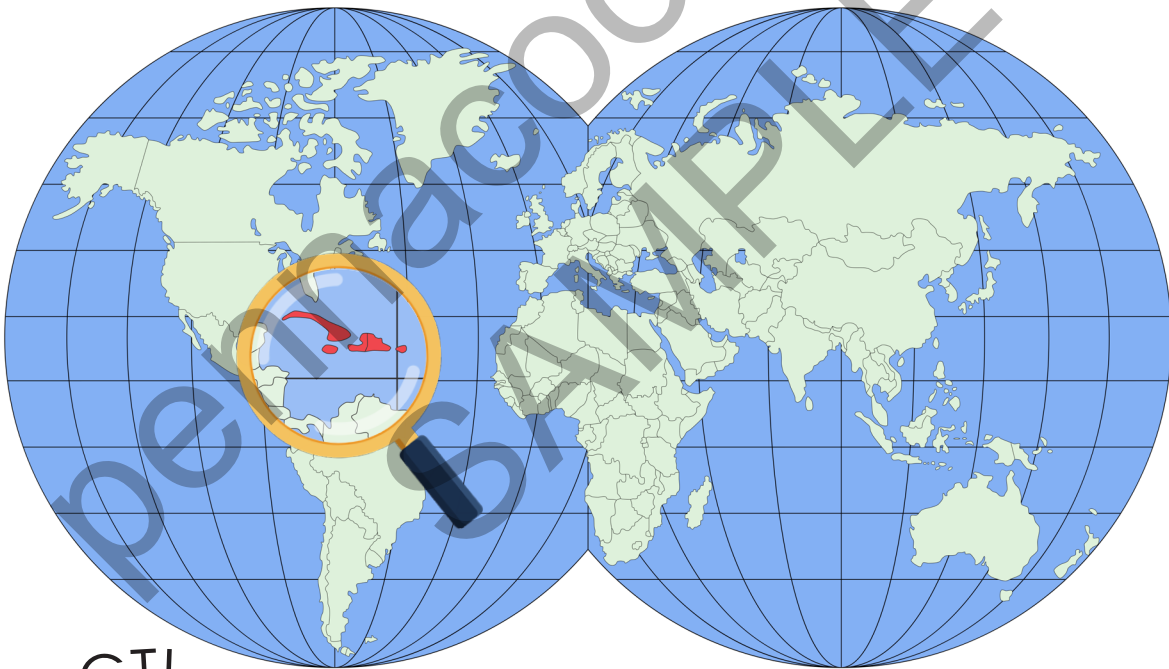
1. Oceans that Link and Divide Us

The Caribbean Islands

The tropical islands scattered in the waters between Central America and the Atlantic Ocean form an area known as the Caribbean, the Antilles or the West Indies.

There are three (3) main groups in the West Indies: The **Greater** Antilles, the **Lesser** Antilles and the **Bahamas** Archipelago.

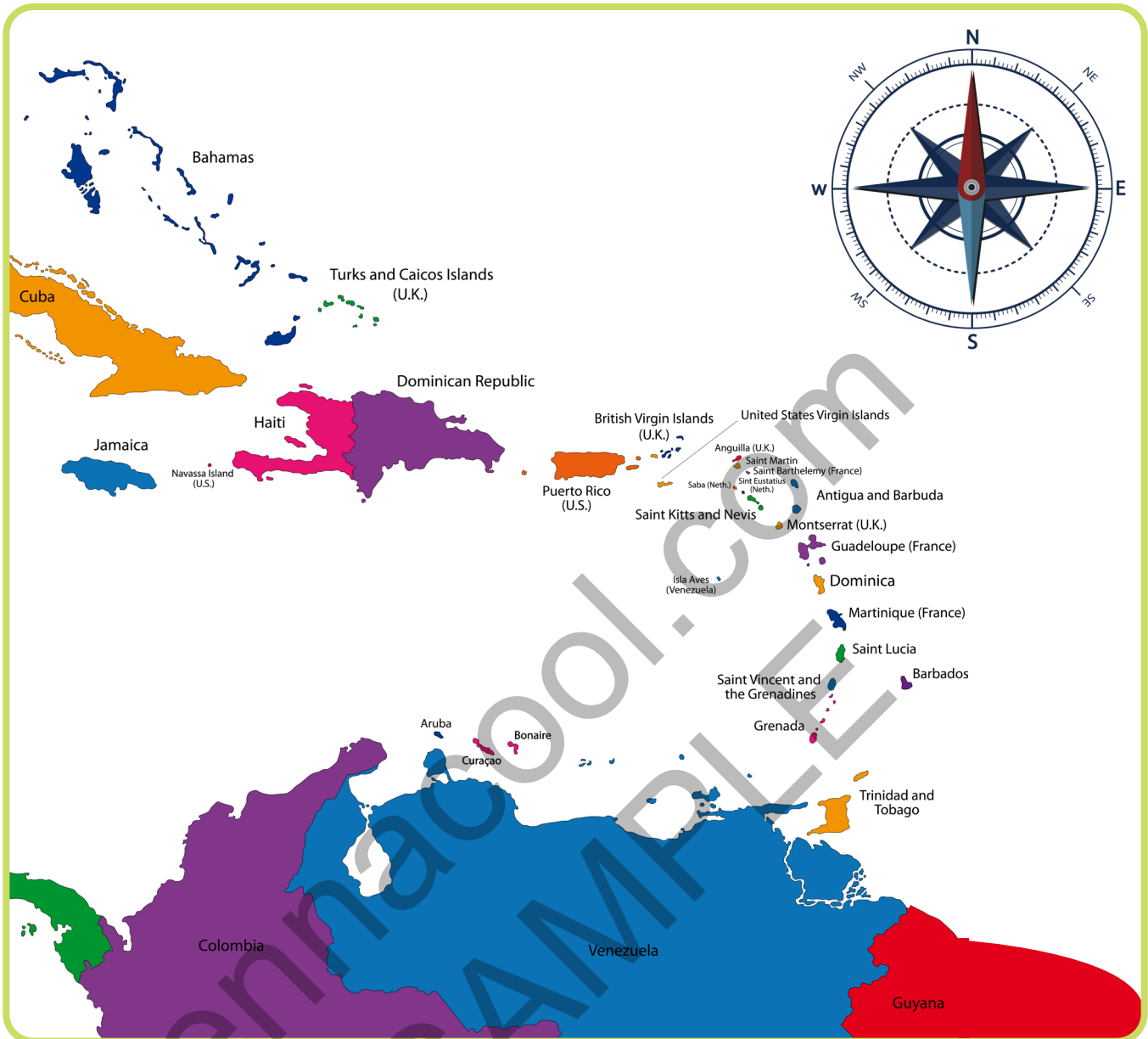
The **Greater** Antilles is further divided into The windward and leeward islands.



FUN FACT!



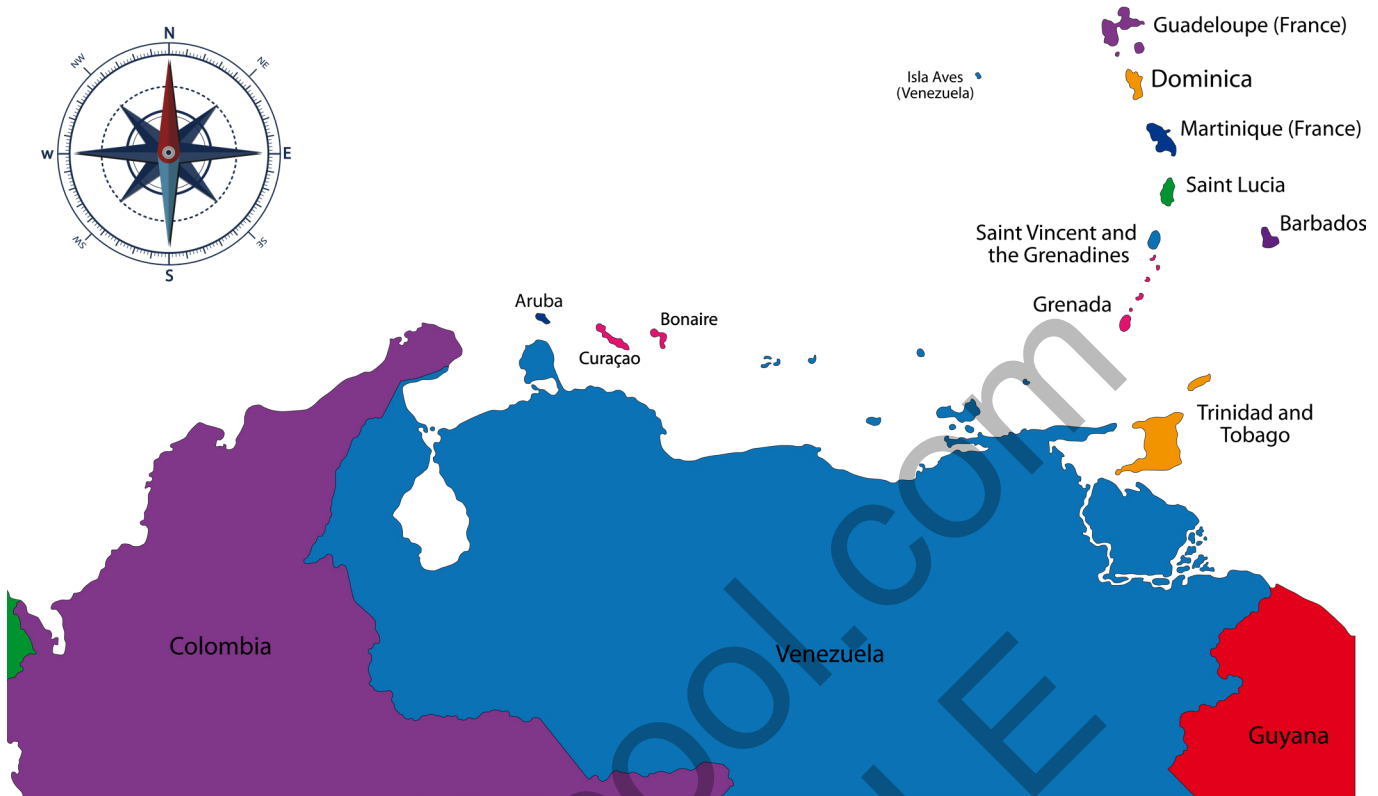
Did you know that the people of the Caribbean are multiracial, multicultural, and multilingual?



Using an atlas or map, find two countries in each of the following areas:

Antilles	Antilles		Archipelago
	Windward Islands	Leeward Islands	

The Location of Trinidad and Tobago



Trinidad and Tobago is located in the southernmost region of the Caribbean islands, between the Caribbean Sea and the North Atlantic Ocean, northeast of Venezuela.

Answer the following questions in complete sentences using the picture of the map and compass as a guide.

1. Is Trinidad and Tobago located to the north or south of ?

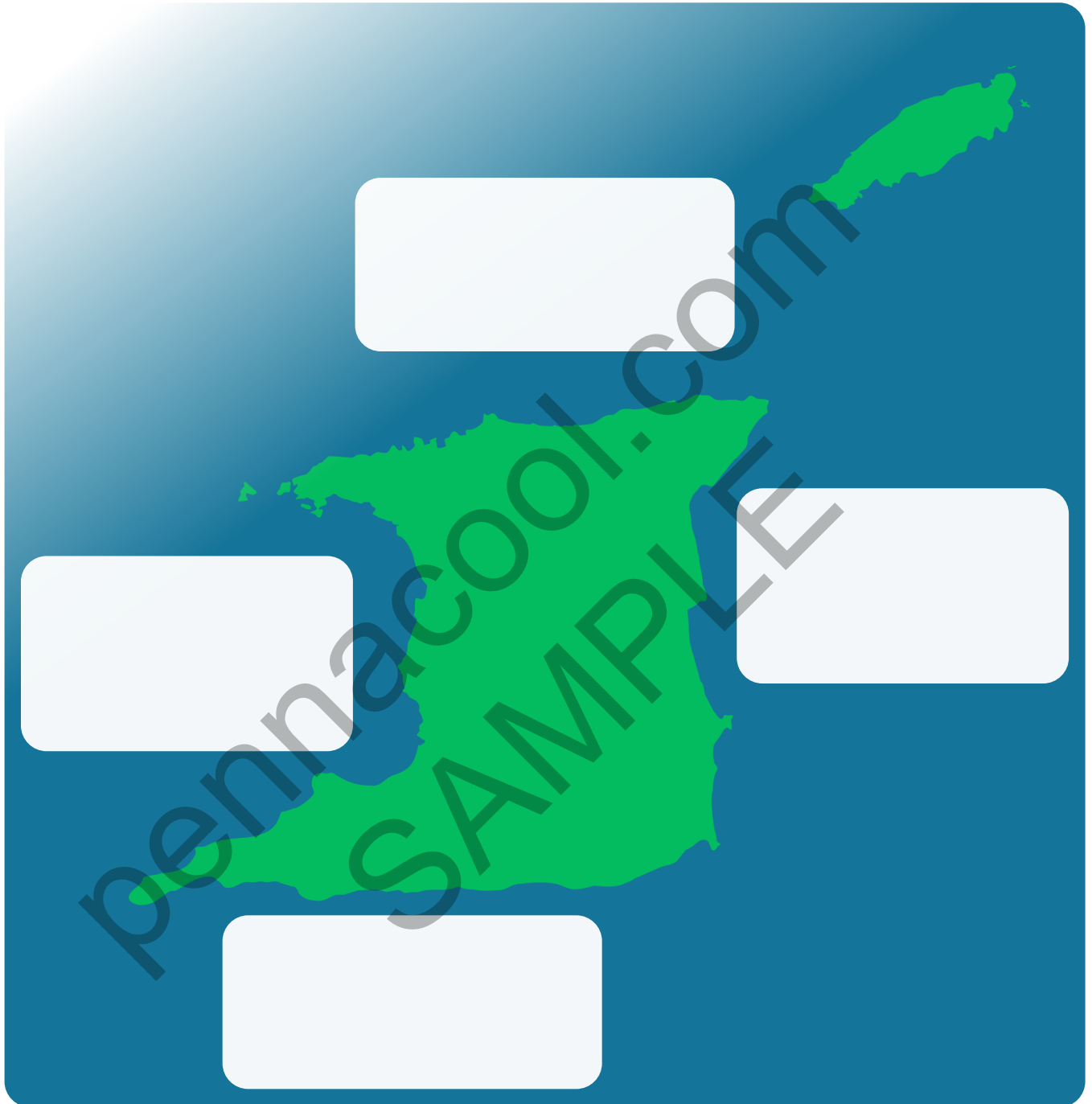
2. What is the location of in relation to Trinidad and Tobago?

3. Which Caribbean island is closest to Trinidad and Tobago?

4. Where is Trinidad and Tobago in relation to ?

The Surrounding Waters

Write the names of the bodies of water surrounding Trinidad and Tobago.



Can you name one other body of water that touches the Caribbean Sea? (**Hint:** This body of water touches the largest Caribbean island and is connected via the Yucatán Channel)

Group Discussion: Ways We Use the Waters

Get into groups and have a discussion with your peers about the importance of the water bodies surrounding the [REDACTED].

Write your points here:

Define the following terms:

[REDACTED]

Conserve:

Marnie the Marine Biologist

Marnie is a marine biologist and has observed that the human population's attitude and actions towards marine life is negatively affecting marine biodiversity.

Do you agree or disagree with Marnie? _____

Give a reason for your answer.

Ocean bounty refers to the vast array of resources and life forms provided by the world's oceans. It includes the marine life and natural resources that play a crucial role in maintaining the balance of our planet's ecosystems. The ocean is teeming with life.

Marnie wants to shift people's attitudes towards the ocean's bounty. Provide her with two or three reasons why protecting the ocean's resources is beneficial.

Pennacool Poster Time

The variety of life on Earth is known as **biodiversity**. Marine biodiversity focuses on life in the oceans and seas

Create a poster showing the effects of on the marine biodiversity of the Caribbean Sea.

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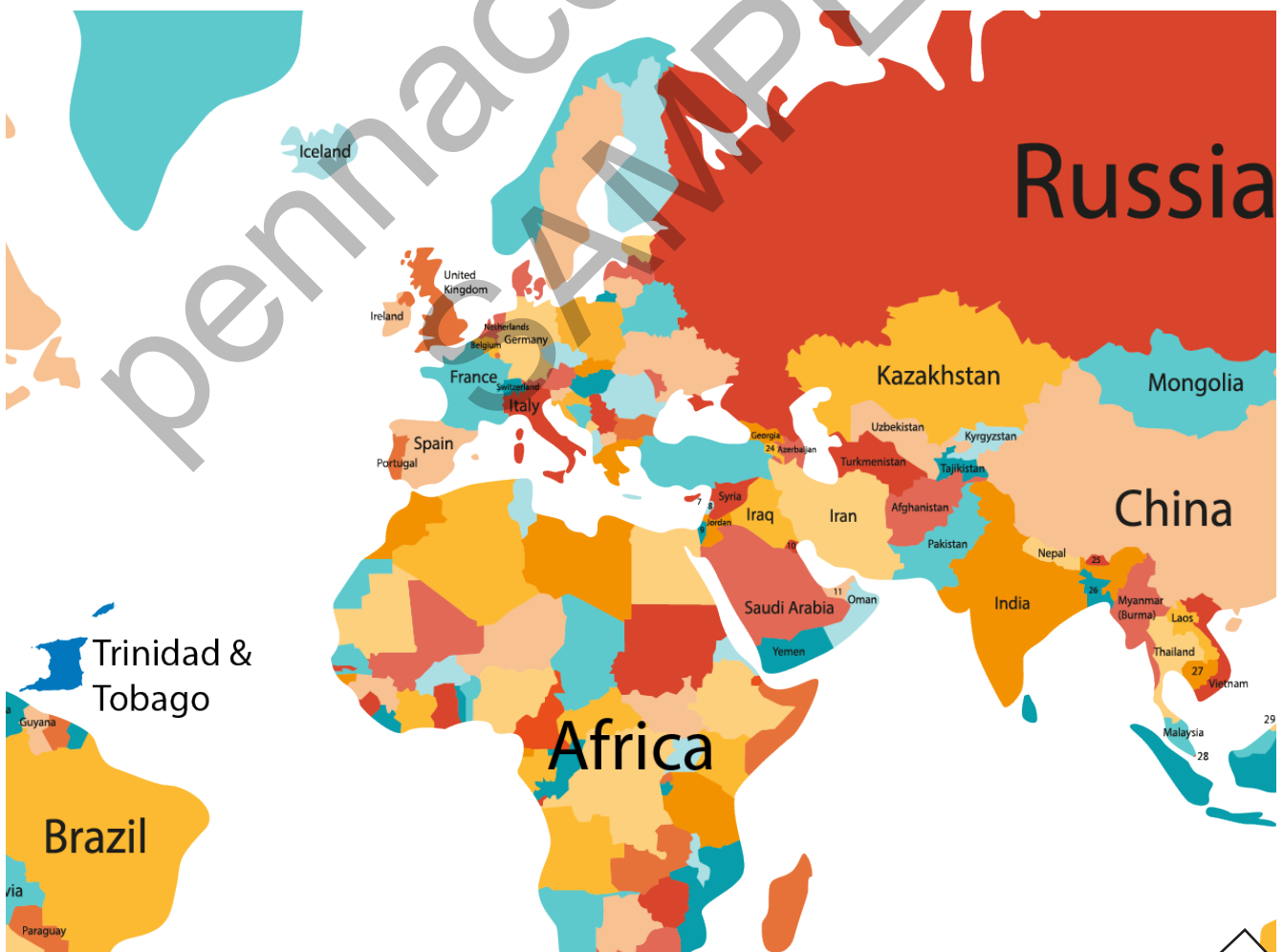
2. The People Who Came Here

From Where They Came

Our ancestors include not only the Amerindians who lived here before us, but also people who came from all over the world.

Draw a line from the group to the place its people came from. Use a different coloured pencil for each.

Spanish	French	British	Mid-Easterners
Africans	East Indians	Chinese	





Why They Came

The Spanish and the British

Christopher Columbus stumbled upon Trinidad while searching for gold. The Spanish later came to Trinidad to increase their wealth and create trade routes. Eventually, they had to give up control of Trinidad to the British after a battle in which they were outnumbered.

Under British rule came an influx of settlers from Europe, such as the Irish, Scottish, Italians, Germans and others. Tobago changed hands several times among the Dutch, the British and the French.

The French

During Spanish rule, Trinidad was considered under-populated, so the  was introduced, offering land to French settlers from other islands.

The Africans

Our African ancestors came to our shores against their will as slaves of the Spanish, British and French.

The East Indians and Chinese

The reason for the arrival of the East Indians and the Chinese are similar. After the abolition of slavery, these ethnic groups came as indentured labourers with the majority coming from India.

The Middle Easterners

The Middle Easterners who came in later years were the Syrians and Lebanese, running from hardships in their homeland.



Where They Settled

Our ancestors settled in various places throughout Trinidad and Tobago. When they did, they often gave the place they settled unique names. Can you guess which of our ancestors named these places? Draw a line to connect the places with the ethnic group.

Arnos Vale

L'Anse Fourmi

La Canoa

Cantaro

Fyzabad

Glencoe

Glamorgan

Guanapo

Waterloo

O'meara

Dutch

Spanish

Irish

Indian

Welsh

English

French

Italian

Scottish

Amerindian



Go to pennacool.com and complete the online exercises! Follow the steps at the start of the book



The Contributions of our Ancestors

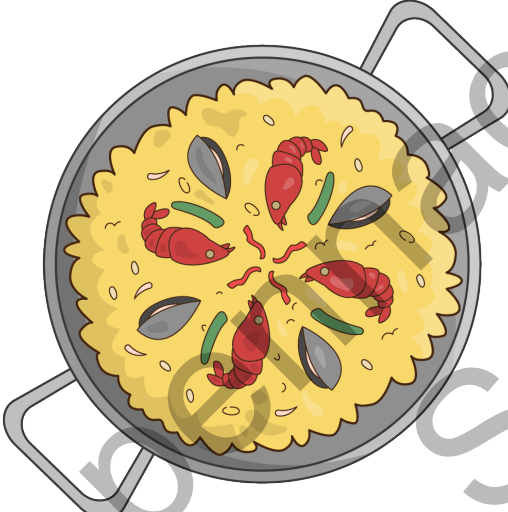
They brought with them **food, music,** , **language, folklore, education, and place names** among other things.



For the following ancestral groups, identify **two (2)** contributions made by the group accompanied by pictorial or written examples. You can identify other contributions not mentioned in bold above.

1. The Spanish

Our Spanish ancestors came from bringing with them:

E.g Paella (Food)	
	



A common mistake is referring to all spanish-speaking people as 'Spanish.' However, this term should be reserved for people that come from, Spain.

2. The British

Our British ancestors came from **Britain** and brought with them:



3. The French

Our French ancestors came from [REDACTED] bringing with them:



4. The Africans

Our African ancestors came from the western coast of , bringing with them:



5. The East Indians

Our East Indian ancestors came from  and brought with them:



6. The Chinese

Our Chinese ancestors came from [REDACTED] and brought with them:



7. The Middle Easterners

Our Middle-Eastern ancestors came from [REDACTED], bringing with them:



Trinidad and Tobago are unique islands in the Caribbean. We as a country have our own special story in history. The many people who came here each have their own story to tell...

In the way they move for Carnival...



the way they paint their art...



...and the way they build their houses.



Can you think of any part of your cultural heritage that you would like to preserve? What is it? _____

Give two reasons why the preservation of our national heritage is important.

1. _____

2. _____

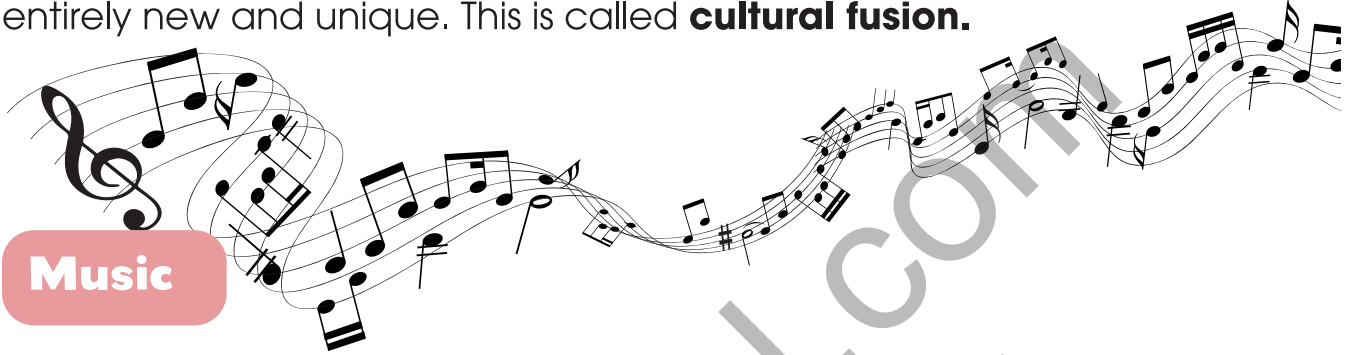
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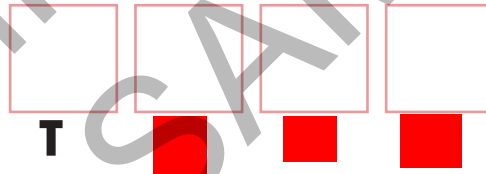
3. Cultural Fusion

When people from different cultures live together and interact, sharing their traditions, music, stories, and ways of doing things, they eventually influence each other. This interaction leads to the creation of something entirely new and unique. This is called **cultural fusion**.



Here in Trinidad and Tobago, we have a great example of cultural fusion in music. Do you know which genre of music this is? The origin lies in the fusion of Calypso and Indian rhythms, reflecting the influences of the two major ethnic groups in Trinidad and Tobago.

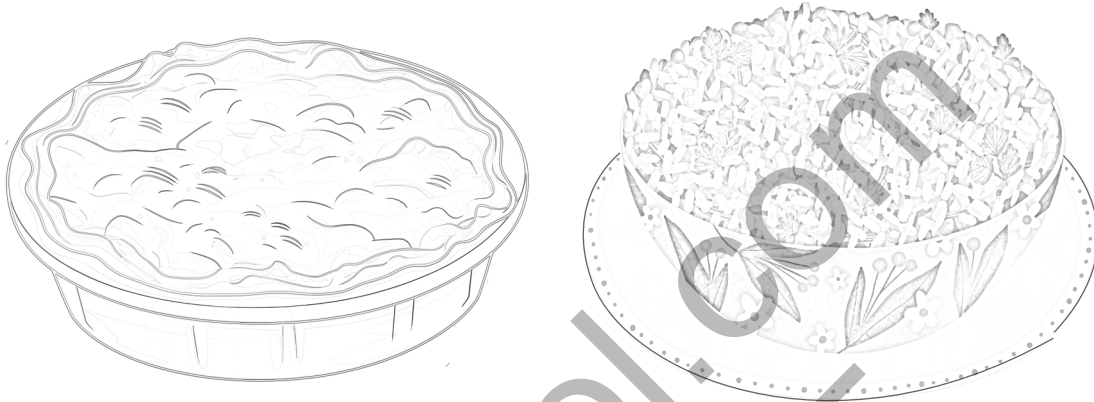
Solve the puzzle below to find out which type of music this is. **Hint:** Crack the code by using the letters that come **before** the ones below the boxes.



Do you know any other examples of cultural fusion in music found in Trinidad and Tobago?

Food

A typical Sunday lunch in Trinidad and Tobago is Barbeque chicken, the foods of four ethnic groups. Barbeque was inherited from the Amerindians. The macaroni pie was created by the Italians. Spanish rice is a variation of a Spanish paella without the seafood and callaloo is inherited from the Africans.



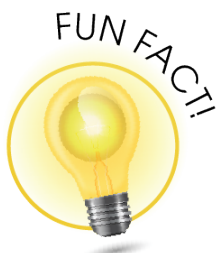
Language

We can also hear cultural fusion in our language. There are phrases and words we use today that show our cultural diversity.

For example, the phrase 'it making hot' comes from the Spanish phrase 'hace calor,' which literally means 'it makes (hace) hot (calor).'

At one period in time, French Creole (Patois) - a language influenced by the French and the African slaves - was widely used throughout the country. How do you think this language came about?

Do you know any patois words or phrases?



The word 'zaboca' is the Patois word for 'avocado.'

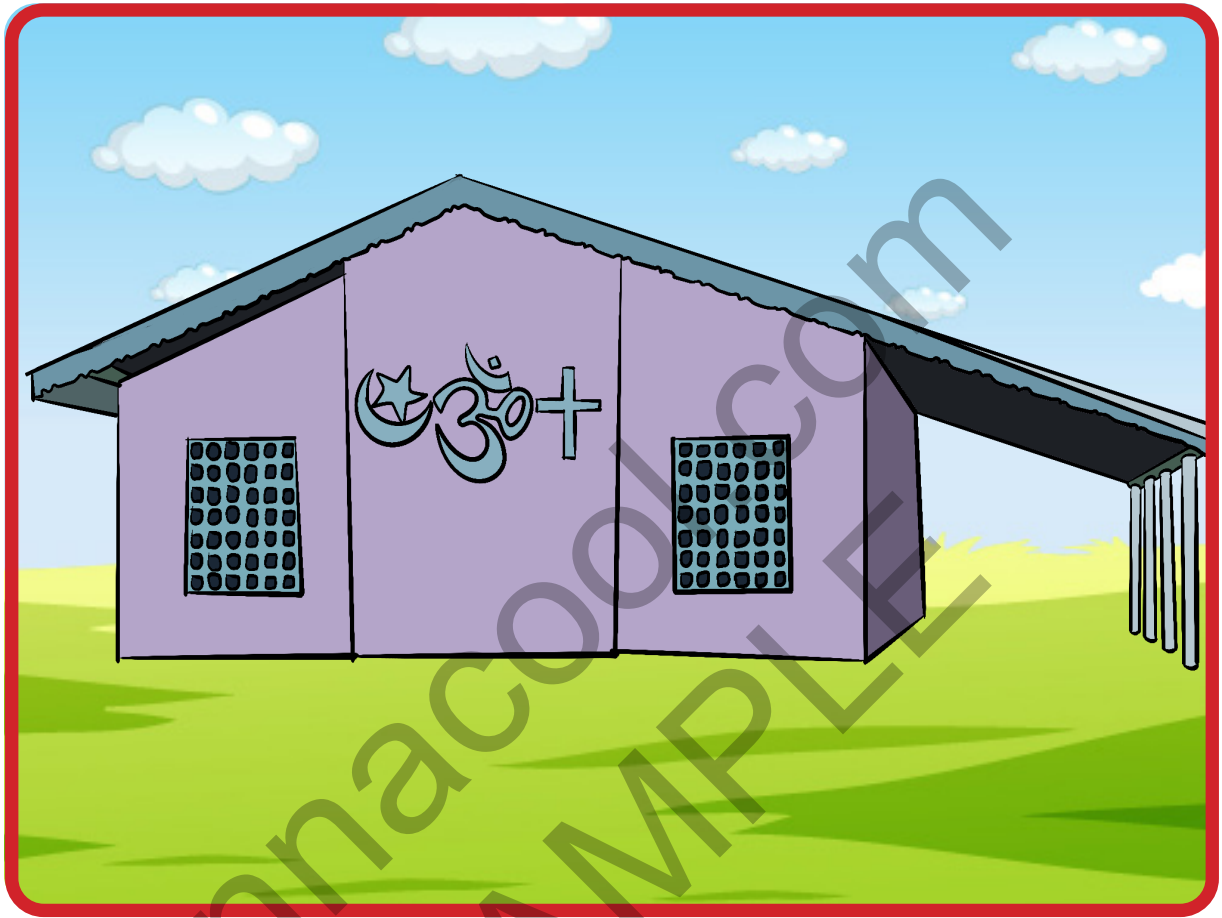
Letter to the Minister

Write a letter to the Minister of Culture and Tourism explaining the benefits of bringing together cultures in Trinidad and Tobago. Suggest in the letter a new festival that this cultural fusion can be showcased in. Give a brief explanation of how this festival can be successful.

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SAMPLE

Unity in Kernaham

In Kernaham Village in Manzanilla, there is a building with three signs.



Do you know what these signs represent? What do you think this building is used for? Write a paragraph that explains the benefits of cultural unity in Trinidad and Tobago.

The evolution of soca music

Soca music was introduced to the world in the 1970s by Lord Shorty (Garfield Blackman). It emerged from a desire to create a catchy, lighter alternative to Calypso. Initially spelt [REDACTED] it stood for "Soul of Calypso," with the name influenced by Sanskrit to reflect the Indian influence.

Can you name three (3) Soca songs from Lord Shorty?

1. _____
2. _____
3. _____



In 1987, Drupatee Ramgoonai coined the term "Chutney Soca." Originally, Chutney Soca often featured lyrics in a combination of English and Hindi.



Can you name three (3) Chutney Soca songs from Drupatee?

1. _____
2. _____
3. _____

Since the creation of Soca the genre continues to evolve. We have [REDACTED] **power soca, groovy soca** and even now, different forms are developing with distinct sounds from different islands, like St. Lucia's **Dennery Segment**.

Which Soca artiste do you know?

Put a picture of them in the box.

What is your favourite song from this artiste?

Write a line from the song below.

Which Chutney Soca artiste do you know?

Put a picture of them in the box.

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SAMPLE

What is your favourite song from this artiste?

Write a line from the song below.

Choose any of the various forms of Soca mentioned and write your own Soca song. Have a mini concert and share your song with your class.

4. Our Caribbean Identity

Cassia is planning a trip around the Caribbean. She would like to see eco-sites, eat Indigenous foods and take part in local festivals. Can you help her to organize her trip?



Choose four Caribbean islands. Then, research the various foods, sites and festivals that Cassia can visit while she is on the islands. One example is done for you.

Island	Food	Eco-site	Festival
Trinidad and Tobago	Curry crab and dumplings	Dunston Caves, Asa Wright Nature Centre	Carnival

Which two countries have similar food, sites or festivals? What are they?

Stick or draw pictures of each here

Islands		
Food		
Islands		
Eco-site		
Islands		
Festival		



5. In An Interdependent World

Human Migration

To migrate means to move your residence from one place to another over the long term. It is different from going on vacation, which is short-term.

Emigration and **immigration** are two forms of migration. Use the words in the boxes to fill in the blanks below. Choose the correct heading for each.

Hint: Take note of the bolded words.

immigration	emigration			move in
increases	decreases	move out		

Individuals _____
to an area or country.

Individuals _____ of
an area or country.

The population density
_____.

The population density
_____.

A migrant who **enters** a country is
called an _____.

A migrant who **exits** a country is
called an _____.

The Influence of Human Migration on Society

In the last 50 years, human migration has had a significant impact on the society of Trinidad and Tobago.

Culture

Firstly, it has contributed to a diverse cultural mix. People from different countries have brought their traditions, languages, religions and cuisines, enriching the local culture.

Complete the word search to find examples of our migration mix.

V W M T G E A T R A D I T I O N P E
E R L C Q W D O H R O R Q V R Y K B
X E I A B T E C H N O L O G Y M J W
S L D G N E U B J U R K H N C Y N P
J I N U F G N Y K V C G D W S C P R
G G M T C D U W O L U H Z R T U K Q
Y I Y Z Z A A A X Z I W R D E D Q P
Q O X M G R T N G W S V R G F S T W
X N J I W I R I C E I Q L O J D S Q
O O C C B J L A O E N J U R X H T C
J N H M U R M M I N E X Y Q I P K C
H H R D C U L T U R E M U S I C C Y

Word Bank

language

cuisine

music

dance

education

religion



Economy

Secondly, migration plays a role in the development of a country's economy. Many immigrants bring skills and knowledge that contribute to various sectors, such as healthcare, education, and technology. Additionally, those who have emigrated may contribute to their home country financially by sending money to family they may have back home (remittances).

Based on the text above, answer the questions below.

1. Migration can play a role in developing a country's _____.
2. What do migrants bring to a country that can contribute to various sectors?

3. Name three sectors that immigrants can contribute to:
 - a. _____
 - b. _____
 - c. _____
4. Emigrants may contribute to their home country _____ by sending money to family they have back home.
5. The money that emigrants send back home is called

6. Name one negative impact of migration on the economy.

Society

Lastly, human migration has influenced social dynamics by fostering multiculturalism and creating opportunities for cultural exchange and understanding. This has promoted tolerance and acceptance among the people of Trinidad and Tobago.



What is the meaning of _____?

In My Opinion'

Do you have a family member, friend or peer who has emigrated to another country? Who was it?

Do you know why they left Trinidad and Tobago? Give a brief reason.

Do you have a family member, friend or peer who has immigrated to Trinidad and Tobago? Who was it?

Do you know why they came to Trinidad and Tobago? Give a brief reason.

If you were given the opportunity, would you emigrate to another country in the world? Why would you go?

Discuss with your teacher and classmates the pros and cons of people permanently [REDACTED]. You can use terms such as 'brain drain' or improved opportunities or others that you know.

Positives	Negatives
1	
2	
3	
4	
5	

6. Our Celebrations

Since the very beginning the people who have come to Trinidad and Tobago have found reasons to celebrate. These celebrations are based on cultural, religious or national festivals.

As you read about the various festivals, think about who celebrates these festivals, why they are celebrated and how they are celebrated.

Term 1

Fill out the chart below to show the different festivities celebrated in Term 1 and who celebrates them. Some examples have been completed for you.

Celebration	Religious/ National	Celebrated by ... (Hindus, Muslims, Christians, everyone, etc.)
Emancipation Day		
Independence Day	National	Everyone
Republic Day		
Remembrance Day		
Diwali	Religious	Hindus
Christmas		

Emancipation Day

Emancipation Day celebrates the end of slavery of the African people. **On August 1st, 1838**, the African slaves were granted full emancipation, or freedom. On August 1st, 1985, Trinidad and Tobago became the first country to recognise Emancipation Day as an official holiday. This was a life-changing event that shaped the future of Trinidad and Tobago.



Circle the correct monument which is placed in front of the Treasury Building to commemorate of Emancipation Day.



Independence Day

Trinidad and Tobago gained Independence from Great Britain on **August 31st, 1962**. [REDACTED] was lowered and the Trinidad and Tobago flag was raised for the first time at midnight on August 30th, 1962.

Can you calculate how many years of independence Trinidad and Tobago celebrates this year?

	<div style="border: 1px solid red; width: 40px; height: 40px; display: inline-block;"></div>	<div style="border: 1px solid red; width: 40px; height: 40px; display: inline-block;"></div>	<div style="border: 1px solid red; width: 40px; height: 40px; display: inline-block;"></div>	<div style="border: 1px solid red; width: 40px; height: 40px; display: inline-block;"></div>
—	1	9	6	2
<hr/>				
<hr/>				



Republic Day

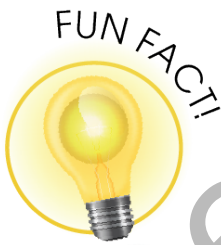
Republic Day is celebrated on the **24th of September** every year. This day celebrates the first time that our country had its first parliamentary meeting in the Red House.

However, that was not the date that we became a Republic. This date was (tick the correct date):

☐ August 

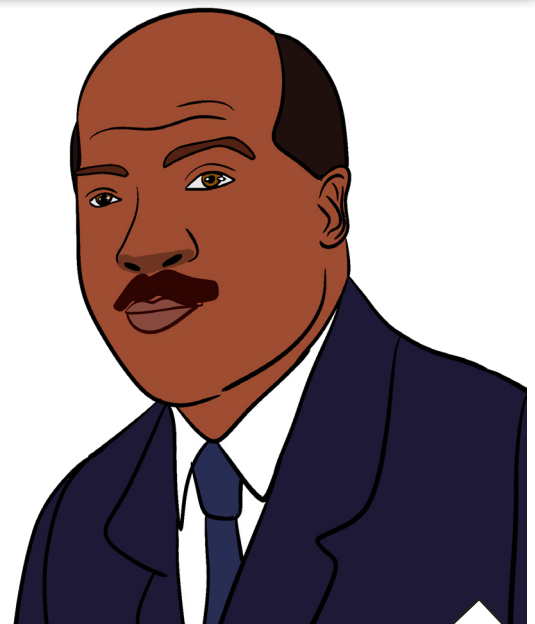
☐ August 

☐ August 



Becoming a republic means a queen or king is no longer the head of state of a country and the country now requires a president, elected by the people of the nation or by representatives chosen by the people (parliament).

Who was the first president of Trinidad and Tobago?



Remembrance Day (Poppy Day)

On **November 11th** we remember the contributions of soldiers from Trinidad and Tobago who served and died in World War I and II.

World War I lasted from , and World War II from 1939 – 1945.

Can you calculate how many years of war were fought in total?

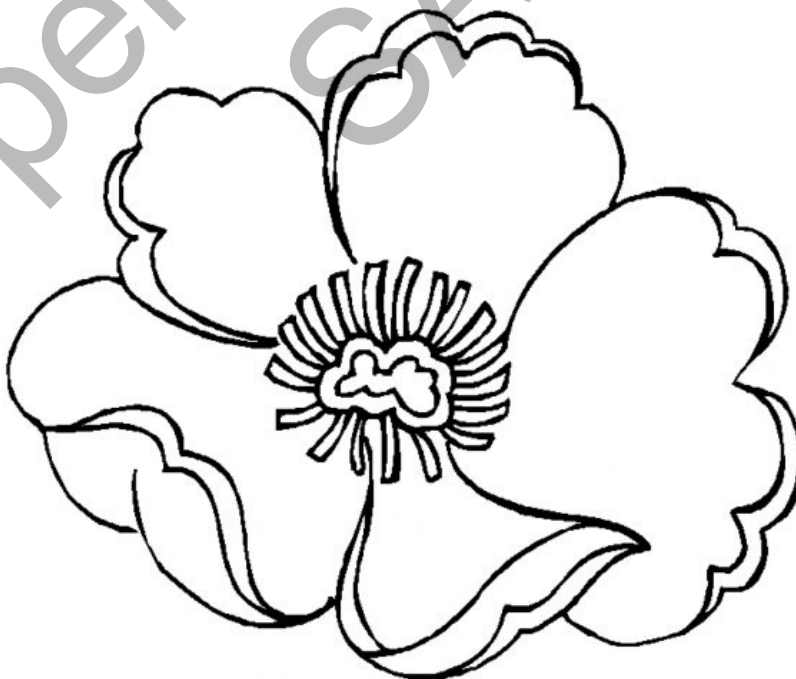
World War I: =

World War II: 1945 - 1939 =

+

Years

Colour the poppy below.



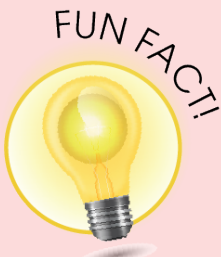
Ramleela

Ramleela is traditionally a ten-day festival which re-enacts the Ramayana. It is a play that displays the battle of good over evil. This Hindu festival takes place before Divali and is considered a community affair for families. At the end of the festival, an effigy of the villain, Ravana, is burned in the open fields.

How many words can you make from the word RAMLEELA?

R A M L E E L A

Eg. I l a m a



An effigy is a sculpture of a model or a person.

Divali

Divali is the festival of lights. This festival symbolises light over darkness, the triumph of good over evil or the destruction of the demon king, Narakasura, by Lord Krishna.

In this celebration, deyas, small clay pots filled with coconut oil and a diya are built out of bamboo with these deyas placed on them.

If you could create your own design, what would it look like? Look at the sample given and then draw your design in the box provided.



All Saints' and All Souls' Day

All Saints' and All Souls' Day are Christian holy days that honour people of the past. All Saints' is celebrated on November 1st to honour the saints of the church. It is also known as All Hallows Day.

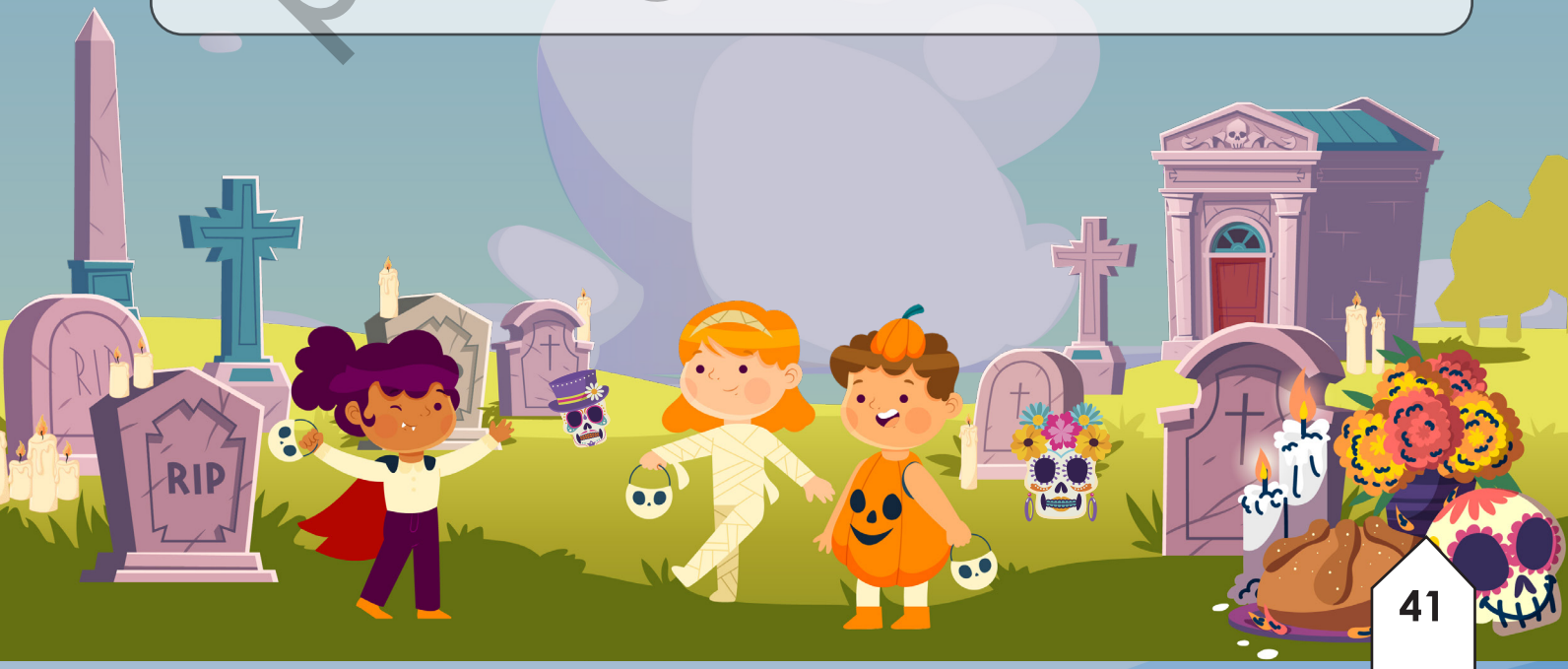
All Souls' is celebrated on November 2nd and is a day where we remember and pray for the souls of family and friends who have died.

Two other world festivals related to these days are "El Dia de los Muertos" (The Day of the Dead), which is mainly associated with Mexico, and, All Hallows' Eve Day (Halloween).



All Hallows' Eve Day is the day before All Saints' Day (All Hallows' Day) where people ask for God's blessing and protection from evil in the world. People traditionally dressed in costumes of saints or evil spirits. This is known in modern times as Halloween.

Which of these days do you celebrate?





Christmas

On the 25th of December every year, Christians all over the world celebrate the birth of Jesus Christ. Although it is a religious celebration, it is also celebrated culturally by many non-Christians globally.

Here in Trinidad and Tobago, we have unique cultural traditions associated with Christmas. Can you figure out the riddles below?

1. Folded in cornmeal, a meaty delight,
Wrapped in banana leaves, a holiday bite. What am I?



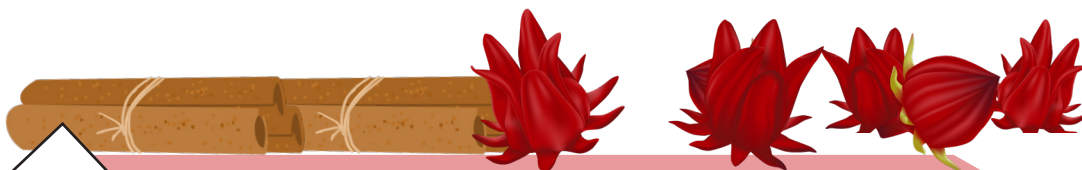
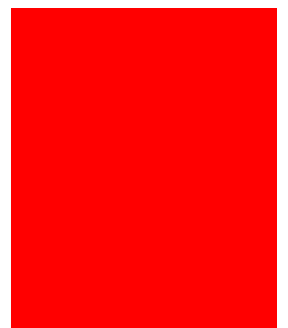
2. Creamy and rich, a drink so supreme,
With eggs and rum, Oh what a dream! What am I?



3. Red petals we boil, a drink with zeal,
Steeped with love and spices, and a holiday feel. What am I?



4. A cuatro, a box bass and a chac-chac to shake,
From house-to-house, this sweet music we make. What am I?



Term 2 and 3

Fill out the chart below to show the different festivities celebrated in Term 2 and 3 and who they are celebrated by. Some examples have been completed for you.

Celebration	Religious/National	Celebrated by (Hindus, Muslims, Christians, Everyone, etc.)
New Year's Day		
Easter	Religious	Christians
Phagwa or Holi		
Eid al Fitr		
Carnival	Cultural	Everyone

Celebration	Religious/National	Celebrated by (Hindus, Muslims, Christians, Everyone, etc.)
Indian Arrival Day	National	Everyone
Tobago Heritage Festival		
Labour Day		
Corpus Christi		
La Divina Pastora/ Siparee Mai		





Hooray! It's a new year. It's time to reflect on the past year, make new resolutions, and gather with family and friends. Most people celebrate with a countdown to the New Year and a midnight feast of black-eyed peas and rice. Most times, at the stroke of midnight, you will see firework displays. It is usually a joyous occasion for all, as everyone looks forward to a new beginning.

A New Year's resolution is a goal that you set for yourself at the beginning of the year. Can you create five resolutions for the new year?

For the year

2

0

2

, I want to:

1. _____
2. _____
3. _____
4. _____
5. _____

Go to pennacool.com and complete the online exercises! Follow the steps at the start of the book



Easter

Easter is celebrated at the [REDACTED] It is the holiest day in the Christian calendar. It celebrates the death and burial of Jesus Christ on Good Friday and His resurrection on Easter Sunday. Traditionally, families attend church services on Easter Sunday and women and girls wear beautiful Easter dresses and well-adorned Easter bonnets. Men and boys are smartly dressed in bow ties. Both boys and girls at this time enter Easter competitions for the best Easter bonnet, Easter top hats and display kite-making skills. The skies are dotted with many beautifully coloured kites at this time of the year.

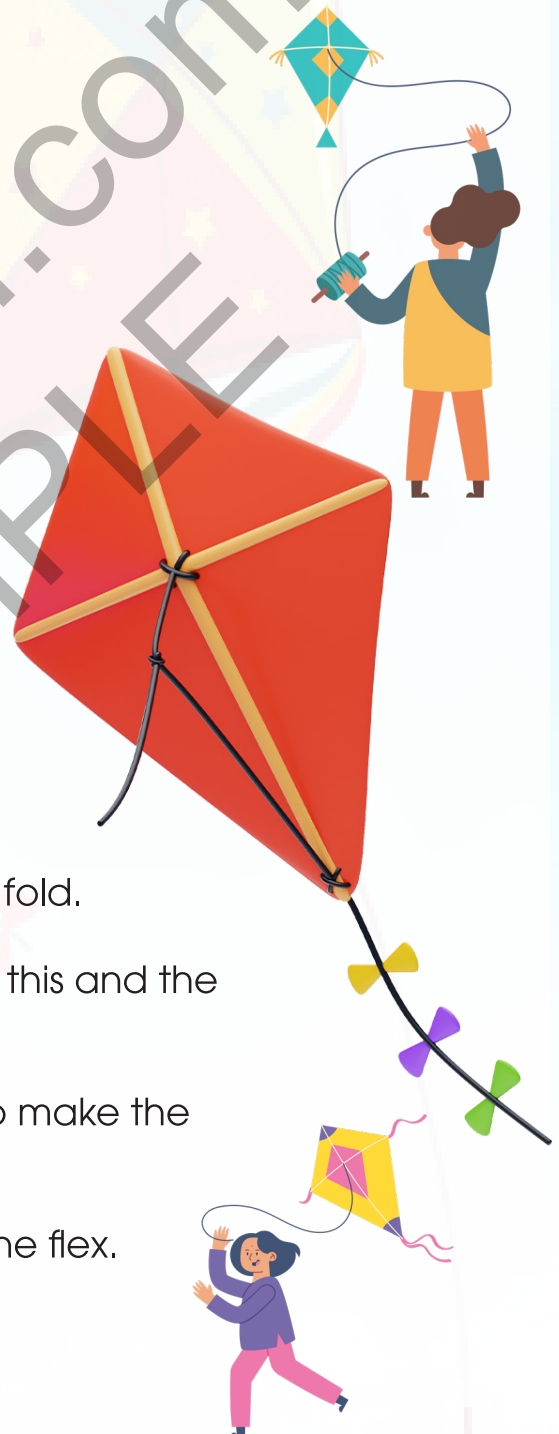
Let's Make a Simple Kite

Materials Needed

1. Kite paper
2. Cocoyea flex (spine of the leaf)
3. Thread
4. Glue
5. [REDACTED] cloth for tail

Instructions

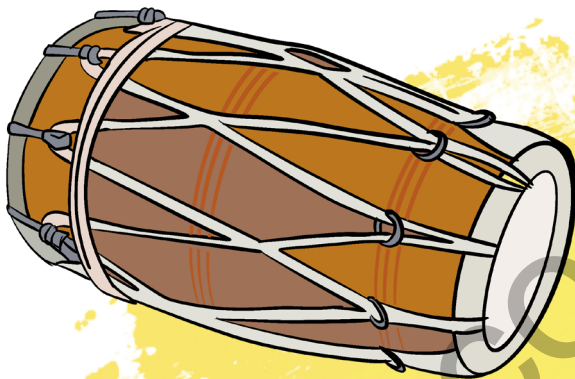
1. Square one piece of the kite paper.
2. Fold the paper from corner to corner.
3. Measure one length of the flex to fit the fold.
4. Cut 1 inch pieces of kite paper and use this and the glue to support the frame.
5. Take another cocoyea flex and bend to make the bow.
6. Tie thread with a knot at the centre of the flex.
7. Add the tail to the bottom of the kite.



Phagwa or Holi

Phagwa or Holi is a Hindu Spring festival which is celebrated during the last full moon of the Hindu calendar. This festival usually falls in March. An effigy is burnt as a symbol of purification. There is dancing and singing of special folk songs called Chowtal, accompanied by instruments like the **Dholak and Manjeera**. During this time, colourful dye called 'abeer' is thrown on participants.

Write the names of the instruments below in the boxes provided.



Perform a chowtal song for your classmate singing a Chowtal

OR

Look up a Chowtal performance online.



Eid al Fitr



Eid is celebrated at the [REDACTED] which is a time for fasting. During the fast between sunrise and sunset, Muslims do not eat or drink. At the end of Ramadan, there is a big celebration to thank God for his blessings. Everyone dresses in their best outfits and goes to pray at mosques and distribute alms or gifts to the poor. They also visit family and friends, exchange gifts and share special meals.

Write a letter to a friend inviting them to celebrate Eid with you. Include in the letter what your friend should look forward to.

pennacool!

SAMPLE

Carnival

Carnival is a two-day celebration that starts before the season of Lent, which begins on Ash Wednesday. It is a spectacular display of colour and creativity where participants parade in masquerade bands, attend music festivals, visit 'talk' (comedy) tents or spectate at the greatest show on Earth. Alternatively, some people choose this time to go to camps at various nature places on the islands. Either way, Carnival is a time when the entire island has fun.

Unscramble the following carnival elements. A hint is given in brackets.

1. okmo umbjie

(Character)

2. mdigihnt rbboer

(Character)

3. jovuret

(Event)

4. pamaorna

(Event)

5. kdideis cnarvali

(Event)

6. 

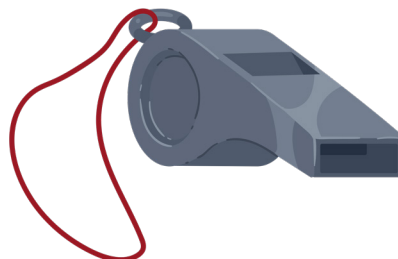
(Music)

7. 

(Music)

8. raod mcarh

(Title)



Spiritual Baptist Liberation Day

For 34 years (1917-1951), it was illegal for Spiritual Baptists to worship in Trinidad. The reason for the law was based on the claim that they made too much noise while they worshipped. During this time of religious persecution, members of the faith were forced to worship in secret. If found, they would be beaten, thrown in jail or made to pay fines.

On March 30th, 1951, Spiritual Baptists were allowed to freely worship and pray. On **March 30th, 1996**, the day was made a public holiday to commemorate the struggles which they faced.



Write 2 paragraphs using the following prompt:

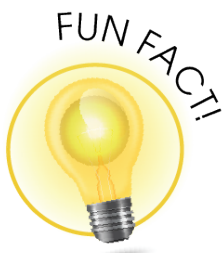
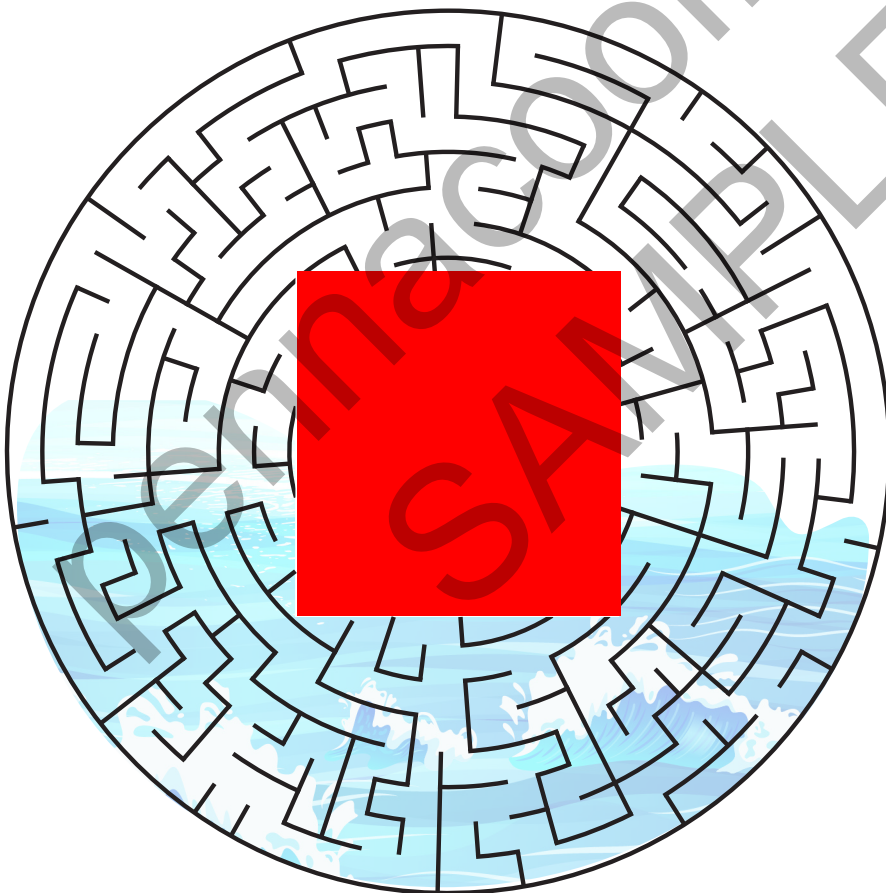
‘What is religious persecution and why is it wrong?’

Indian Arrival Day

In May 1845, a boat called the *Fatel Razack* brought the first set of Indian indentured labourers to Nelson Island off the coast of Trinidad. Here, the labourers were kept in quarantine for a couple of weeks before being sent off to sugar cane plantations across the island. This new labour force replaced the recently freed African slaves. The arrivals on the island would continue for 72 years, ending in 1917. During this time, the East Indians would introduce to Trinidad their food, culture, religion, clothes and music.

In 1994, **May 30th** was deemed a public holiday, celebrating the significant contributions the East Indians have made to our society.

Guide the *Fatel Razack* to the shores of Trinidad and Tobago.



The holiday was first called "Arrival Day" but was later changed to "Indian Arrival Day" in 1995.

Hosay

Hosay commemorates the martyrdom of Hussain. In Trinidad, it is celebrated in Cedros and St. James via a procession through the streets with elaborate miniature temples (tadjahs), made of bamboo, wood, paper and tinsel to depict the tomb of Hussain.

The tadjahs, ranging from three to ten metres, are paraded through the streets accompanied by tassa drums and two half-moon standards. There is usually one red and one green standard, symbolising the deaths of Hussain and his brother Hassan, who was poisoned 11 years earlier.

The event is also attended by non-Muslims showing respect and tolerance.



Materials Needed

Materials Needed

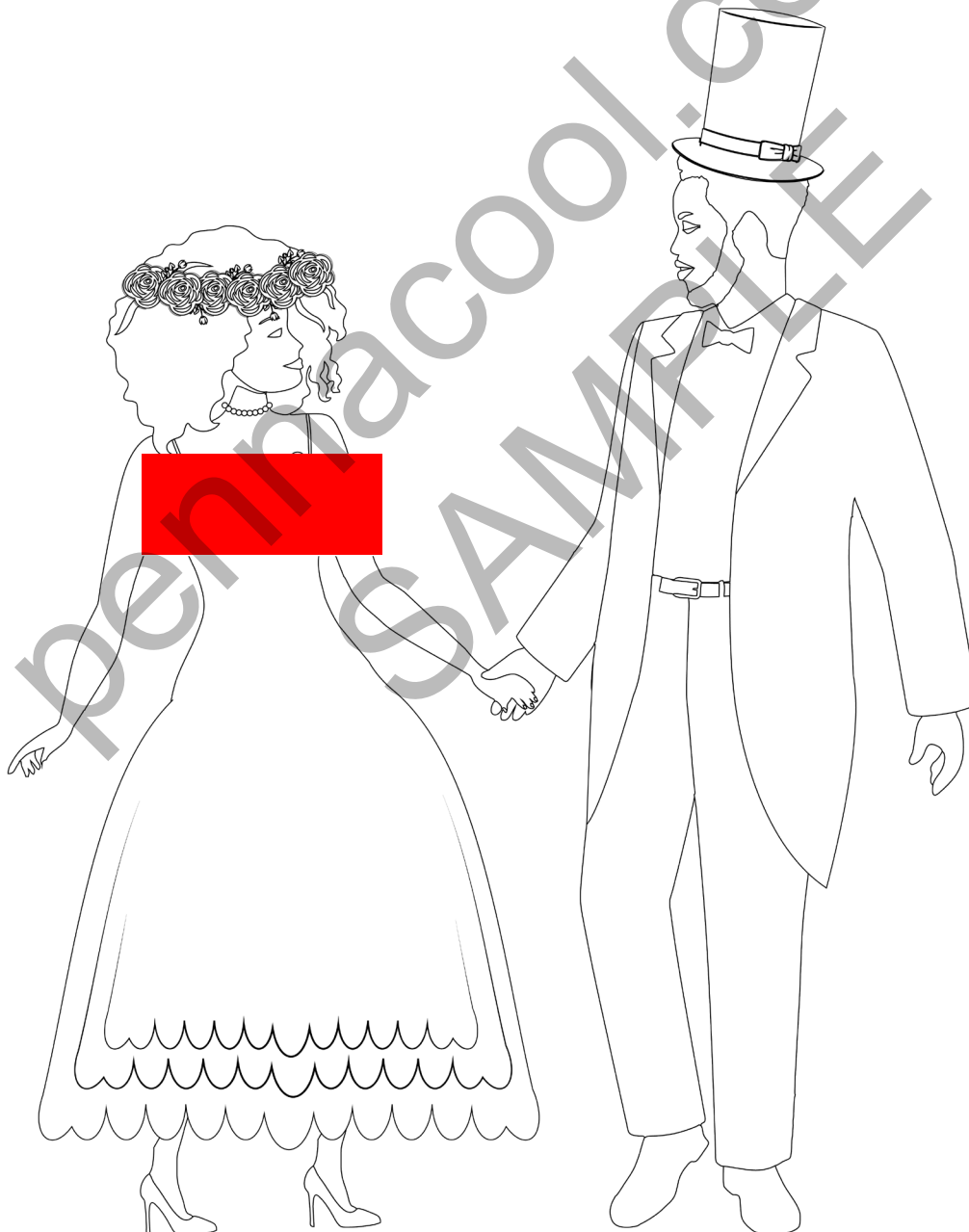
- ## Instructions

-

Tobago Heritage Festival

The Tobago Heritage Festival is a [REDACTED] showcase of the exceptional cultural heritage of Tobago. During this time, the island exhibits its unique signature events ranging from 'Ole time wedding', games from long ago, folk tales and superstitions, Sea Festival, 'Ole time Carnival and Heritage Calypso Competition', Harvest, the baking of bread and sweet treats in the dirt ovens and the Salaka Feast and Invocation Dance. The historical culture and traditions of Tobago are shown for the world to see at this time.

Colour the image of the Tobago Ole Time Wedding below.



Santa Rosa Festival

The Santa Rosa festival celebrates the First Peoples of Trinidad and Tobago. The actual feast day is August 23rd and the festival is celebrated in the days leading up to Independence Day. There is a parade with colourful floats, dancers, musicians, cultural shows, and traditional dances, as well as a reenactment of the carnage that ensued between

in the Battle of Santa Rosa. The statue of Chief Hyarima stands tall in Arima, telling his silent tale of the struggles that the Indigenous people have fought over the years for recognition and acceptance.

Write the story of the battle of Santa Rosa as told by Chief Hyarima. Remember to describe your characters and settings. Give action details about the battle and the eventual outcome.



penhac SAMPLE

Labour Day

Labour Day is celebrated on **June 19th** annually. It serves as a time to reflect on the history of the labour movement and the struggles of workers for better working conditions and fair treatment.

On June 19, 1937, oil workers in Trinidad and Tobago led by trade unionist Tubal Uriah "Buzz" Butler initiated a labour strike, known as the Butler Oil Riots.

Every year on June 19th, we remember that day where the right to a decent work environment was fought long and hard by the people before us.



Write a report on what took place during the Butler Oilfield Riots. Remember to include:

- Who was there (people's first and last names)
- When it happened (date and time)
- What happened
- Where it happened (exact address).



Corpus Christi

Corpus Christi means 'The Body of Christ'. It is the celebration of the Holy Eucharist, which represents the Body and Blood of Jesus Christ. It is celebrated on the Thursday after Trinity Sunday in the Christian Liturgical Calendar.

The celebration brings to memory the lessons of forgiveness, love and sacrifice.

On this day, there is usually rain in Trinidad. Farmers take this as an excellent sign for planting and believe that anything planted on this day would grow.

Cross Symmetry Art

Materials

- 
- Paint
- Coloured pencils

Instructions

1. Draw the outline of a symmetrical cross in the centre of a piece of paper.
2. Place blobs of paint on one half of the cross.
3. Fold the paper over the centre line over and press your paint onto the other half of the page.
4. Unfold the paper to reveal your symmetrical painting.



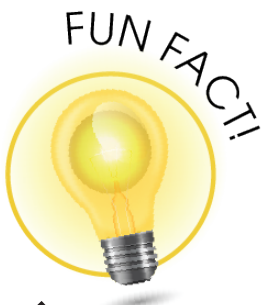
Siparee Mai/La Divina Pastora Feast

The La Divina Pastora R.C. Church in Siparia houses the La Divina Pastora, a dark-skinned statue of the Virgin Mary, honoured by [REDACTED]

For over one hundred years, both religions have had celebrations surrounding the statue on Holy Thursday and Good Friday.

The statue plays a significant part in the [REDACTED] devotional religion, bhakti. During this time, it is traditional to cut a young boy's hair for the first time. It is also a good time to feed the poor.

For [REDACTED], there is a traditional High Mass at mid-morning, followed by the decorated statue being paraded through the streets on the rooftop of a vehicle. During this procession, the rosary is recited and followed by the [REDACTED]



The La Divina Pastora (The Divine Shepherdess) has many names including, Siparee Mai (Mother of Siparia), Mother Durga, Miracle Mother and Mother Kali.

Can you design a new dress for the La Divina Pastora/Siparee Mai?



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Values

Character



Citizenship

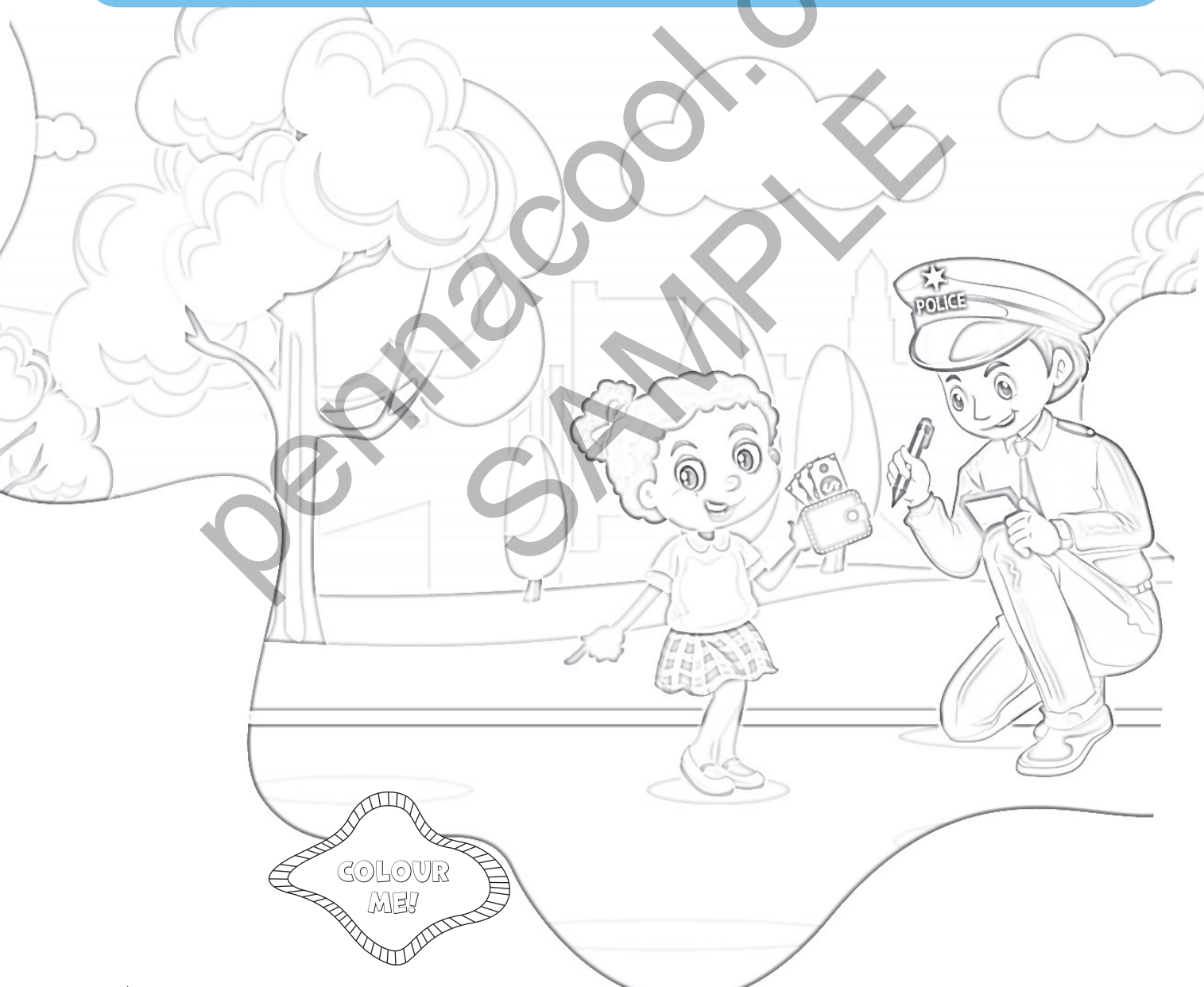
Education



1. Trustworthiness

Trustworthiness is the ability to be relied on as honest and truthful. When you rely on someone, that means you put all your trust and confidence in that person. You can believe that a trustworthy person will not let you down.

This person can be trusted with both their words and actions.



What does it mean to be loyal? Loyalty is being present when support and assistance is needed.

Find the words below that represent being trustworthy and loyal.



Dependable
Ethical

Principled

Reliable
Responsible
Steadfast
True

A cryptogram is a word puzzle.

Numbers are substituted for letters.

To crack the code it would be helpful to solve short words first as they can help fill in longer words.

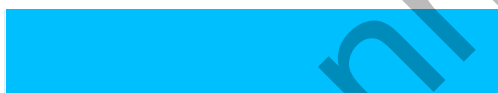
Look for digraphs such as TH, HE, AN and IN.

A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U	V	W	X	Y	Z
	13					16	17	4			14	21	15						9						



M			N	
21	18	22	15	26

B		I	N	G
13	18	4	15	16

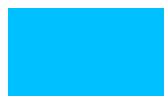


	H		N
7	17	18	15

20	12	23

N			
15	18	18	10

T	
9	12



Write the completed phrase here:

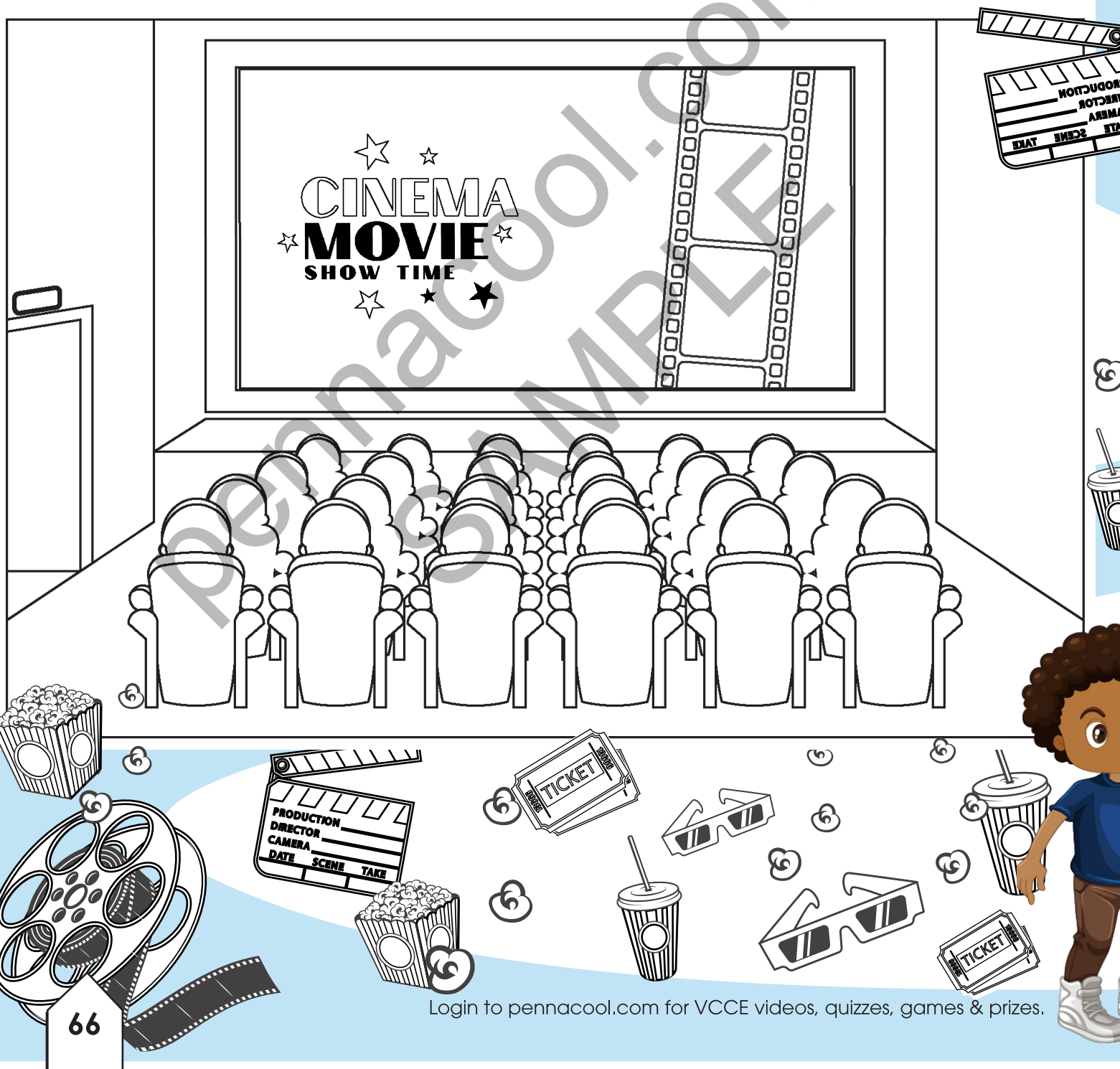
Jason told his teammates that he would be early to the big game on Saturday. He knows that they are depending on him because he is the goal keeper and late players are not allowed to play. Being trustworthy means that he will keep his word to his team mates.

Help Jason to find the  through the maze to the big game.



Jason is at his football match. The match starts [REDACTED] He and his teammates have been practicing for over a month for this game. His best friend Anil runs to him excitedly holding up two cinema tickets.

"Jason guess what! I just got two tickets to go and see the new movie that just came out. If we leave now we can make it to the cinema on time!"




What should Jason do?

Stay and play the football game with his teammates or go to the cinema with his best friend?

Colour the picture which you decide best shows a good example of trustworthiness.

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SAMPLE

Some things that a trustworthy person might do are:

1. 
2. Be honest during a test and not copy the answers from someone else.
3. They do not take things that do not belong to them.
4. They are good friends.
5. They tell the truth, even when it is not in their favour.

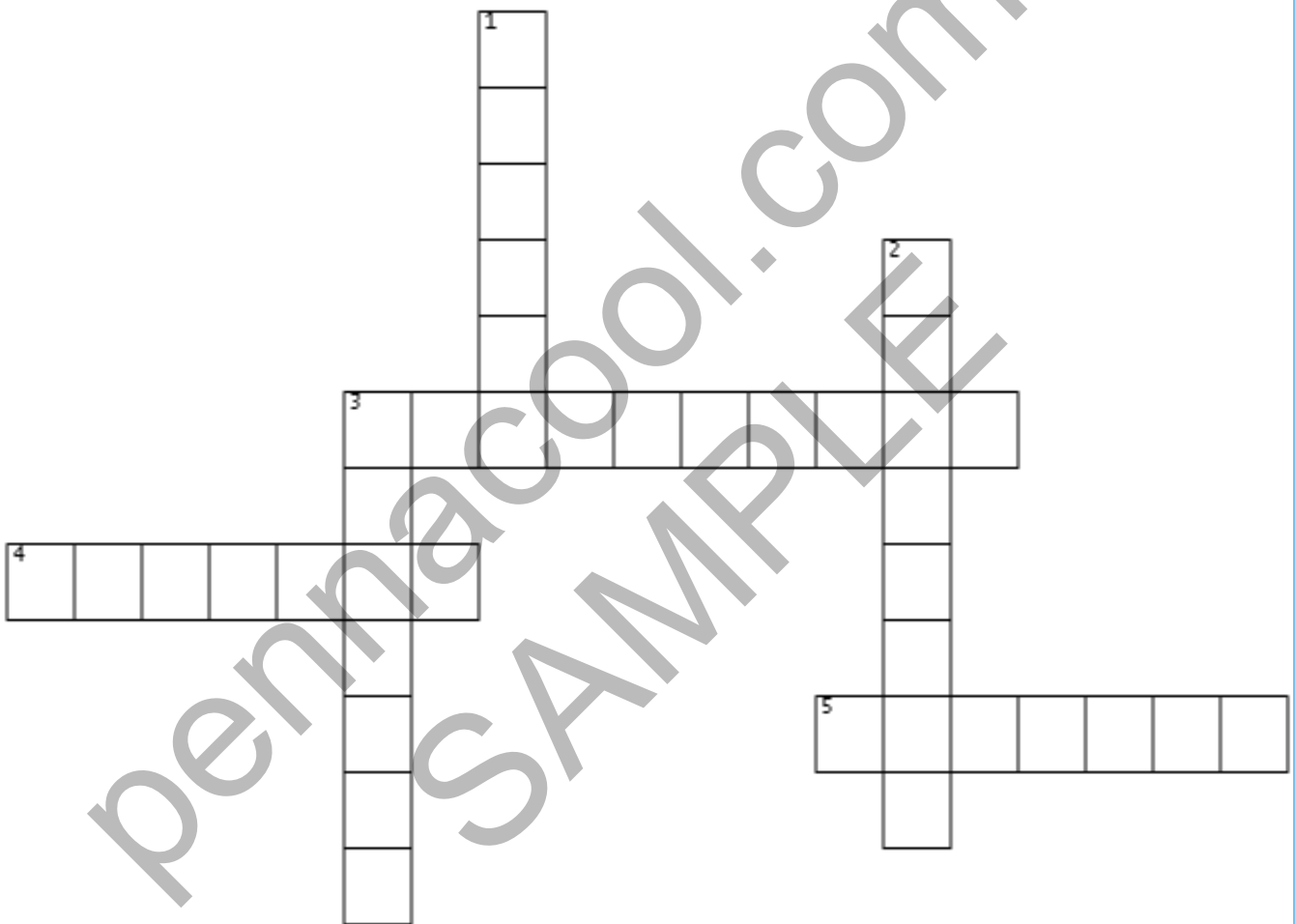
In the previous activity, you chose either the football match or the cinema. Write a paragraph outlining at least [redacted] that Jason should have considered in making the decision that he did.

Draw Jason doing what he believes best shows his level of trustworthiness.

When we are loyal we speak well of persons or entities
(organizations) to whom loyalty is owed.

Below is a crossword puzzle with some people and entities we can show
our loyalty to.

Can you solve them all?



DOWN

1. [Redacted]
2. These are people who teach you every day.
3. These people raise you from birth.

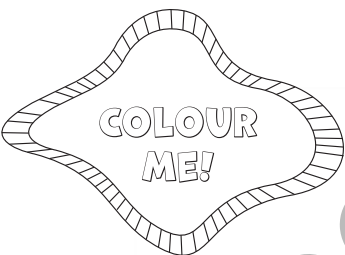
ACROSS

3. They are in charge or running the country.
4. [Redacted]
5. These people are always there to lend you a hand.

Courage is the ability to stand up for yourself, for others and for what you believe in. It is built on the understanding of, and knowing what is right and what is wrong. It is at times a difficult decision to do the right thing but when we display candour and sincerity in all we do, it becomes easier.

We can show courage by:

1. [REDACTED]
2. Following the rules even though we may not agree with them.
3. [REDACTED]
4. Telling the truth, even when it is difficult to do so.
5. Taking action to help others in need; even if no one else will.

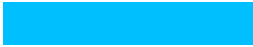


I can be loyal in different ways.
Write one way you can be loyal to the people below.

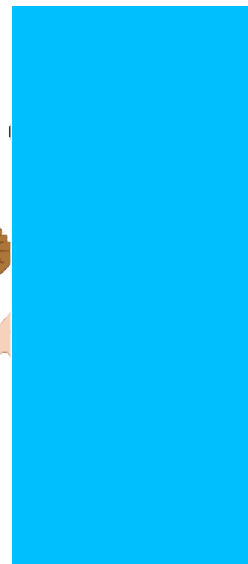
1) 

2) Friends

3) Classmates

4) 

5) Fellow citizens.



There are many opportunities in life for us to be courageous.
Think about times when you were courageous in your life.
Can you solve the Bingo below?

	I found money in the corridor and took it to a teacher or to the office.	I raised my hand and answered a question in class.	I helped an infant student find their way around the school.
I helped a classmate study for a test.	I stood up for my friend who was being teased.		I am proud of who I am. I have my own style, culture, and lifestyle. I am not easily influenced by friends.
	I am not afraid to make mistakes in my schoolwork. I know that I am learning. I just don't have it as yet.	I stopped students from hurting an animal.	I volunteered for assembly or to do a presentation at school.
I spoke out against those who are disrespectful to persons in authority.		I encouraged my classmates to clean up our class / school.	I said no when my friends dared me to do something dangerous.



Instructions

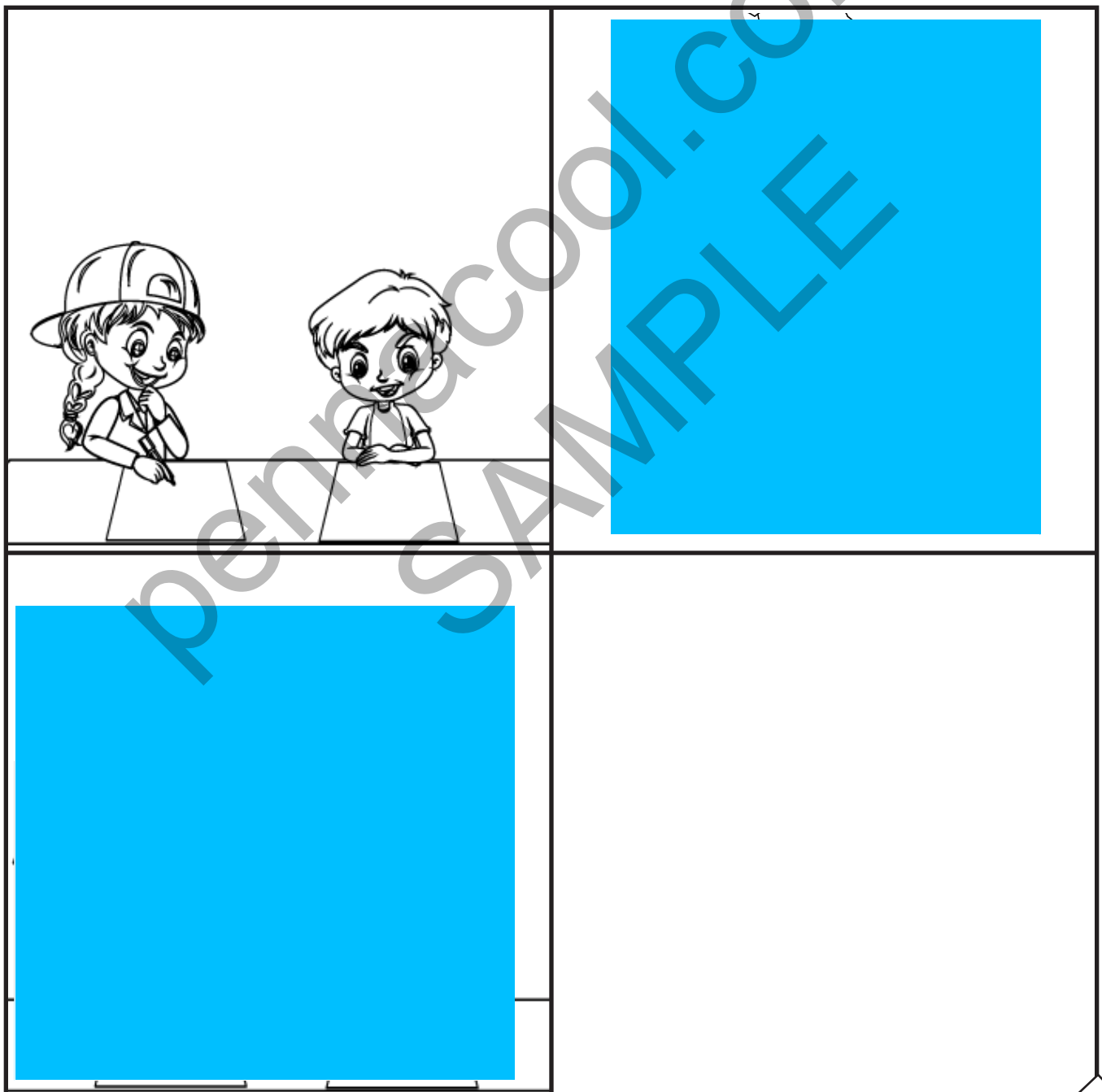
Look at the boxes above. If you have completed one of the tasks, colour with your favourite colours. Can you make four straight or diagonal boxes?

Then you have gotten a BINGO! Don't worry if you don't get all as yet.

You can always come back and finish at a later date.

In the comic below, Sana is with Viiv. They are in the classroom taking a test.

Continue the comic to show what Sana should do next.





Sometimes courage is being able to say no. Write a short story about what happens. Include what they see, felt and did along the way. Ensure that you conclude with a lesson learnt.

pennacool.com
SAMPLE



Sameer and Lucas had an adventure. Using the boxes below, illustrate the story in the 5 stages of your writing.

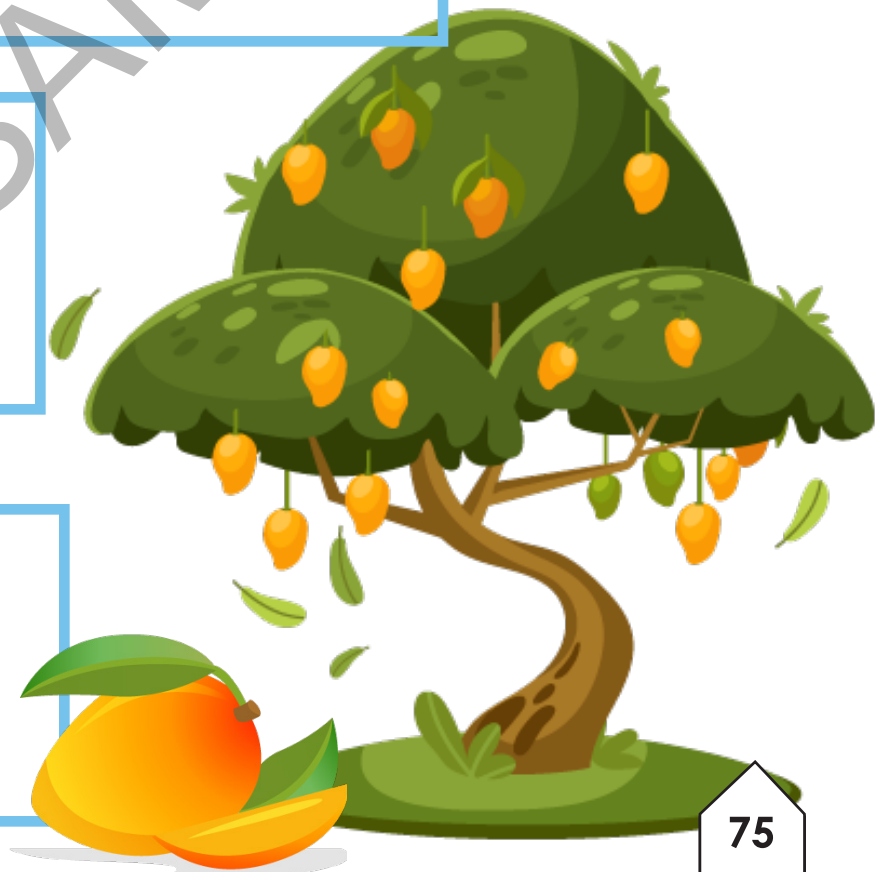
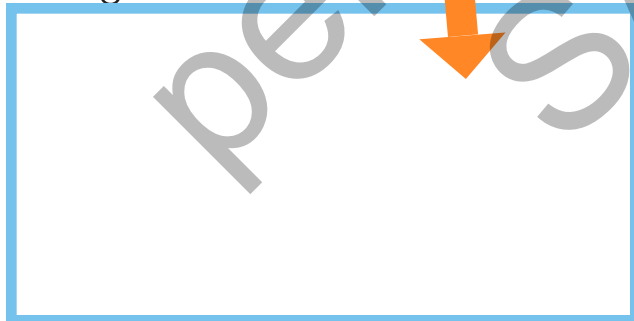
Introduction



Rising action



Falling action



Acrostic poems are poems which the first letter of every line spells out a word. The poem does not need to rhyme.

Can you make up an acrostic poem for the word courage?

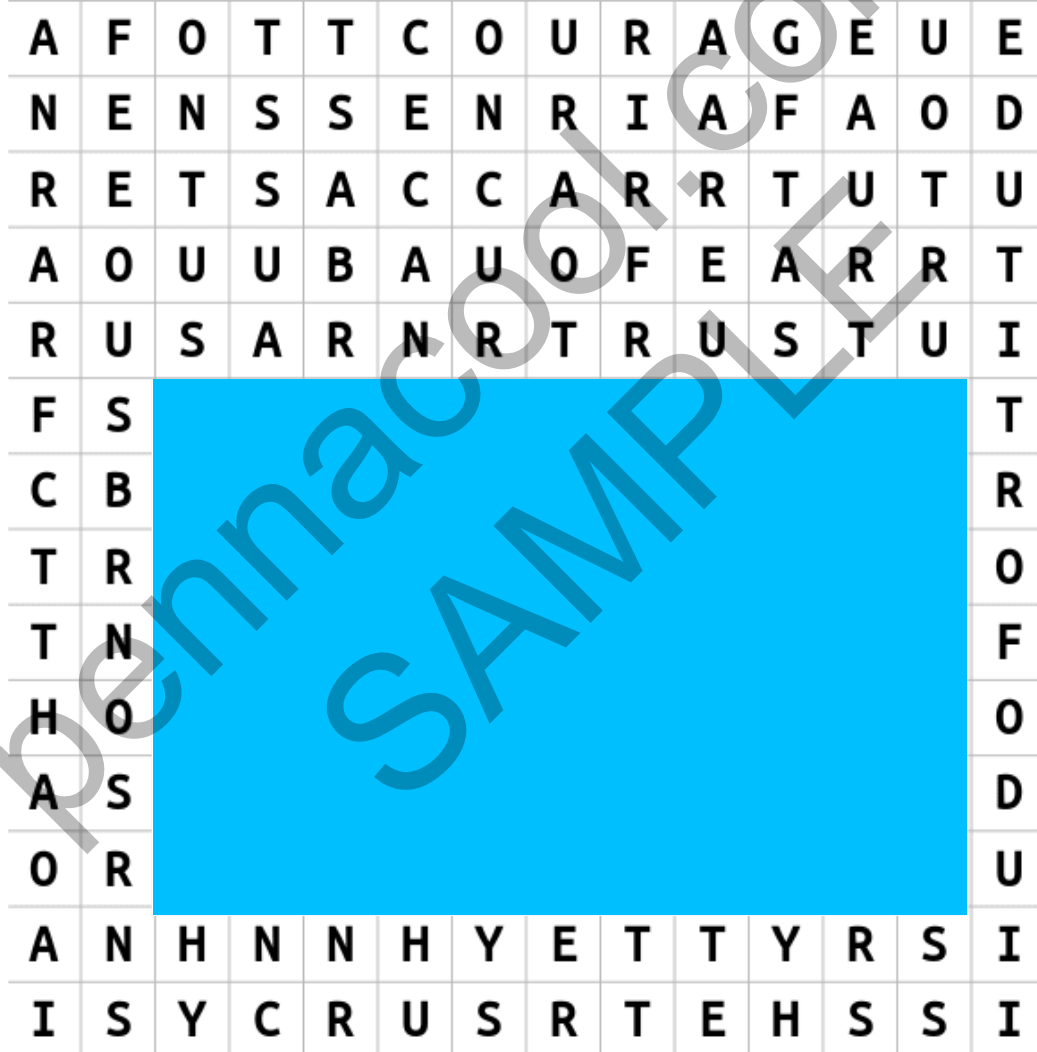
c
o
u
r
a
g
e

Go to pennacool.com and complete the online exercises! Follow the steps at the start of the book



We need courage to be trustworthy. When we build up the courage to be truthful and honest, we can be seen as trustworthy.

Find the words that help us to be courageous and trustworthy.



Courage
Fairness

Honesty
Tenacity

Trust
Truthfulness

2. Fairness

We have often heard the words, “That’s not fair!”
What is fairness? Is it being treated equally or justly?

 means that everyone is given the **same**.
 means each person gets what they **need**.

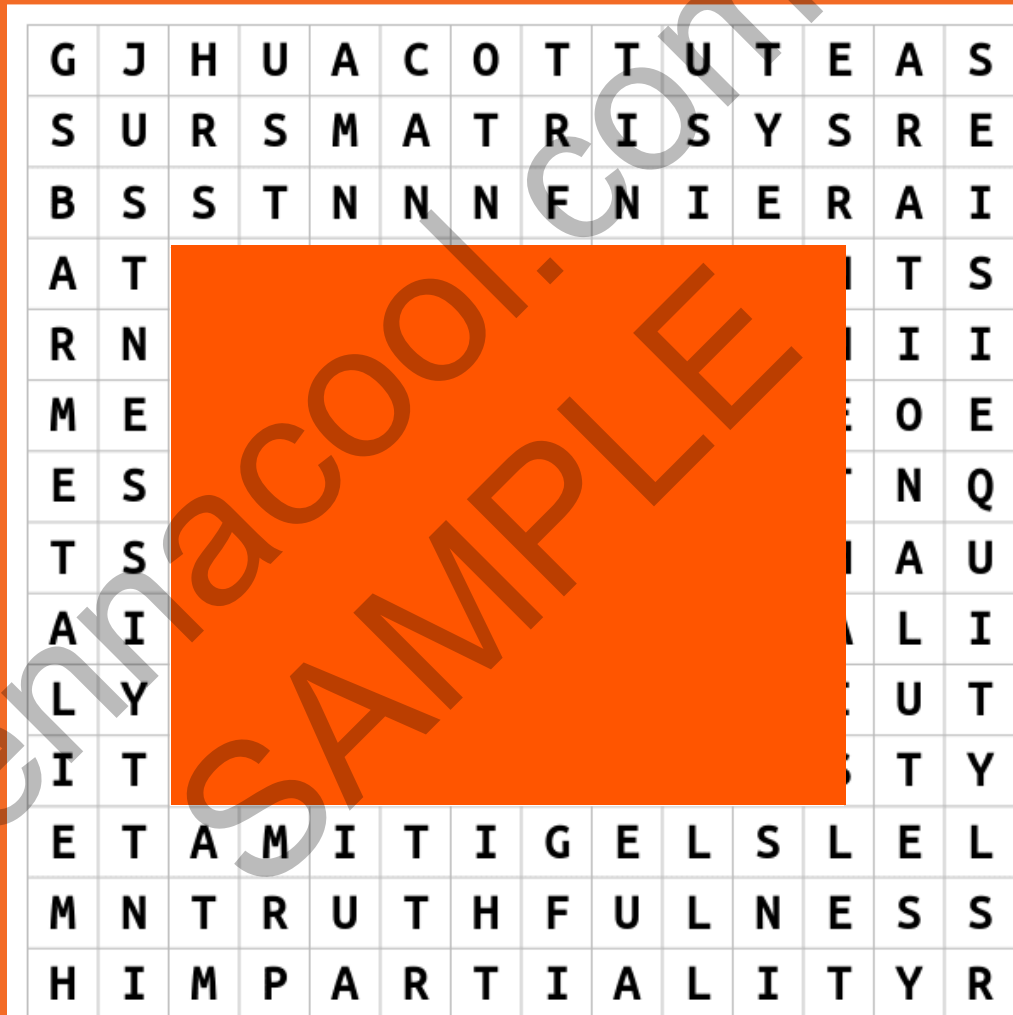
Being fair means that everyone has access to what they need. It is quite different from being treated equally or with equality.



Sometimes we see a situation and we are quick to judge others. However, being fair entails that we be honest about our feelings in the moment and take time to understand what is going on and why.

Only then can we follow through our decision making process.

Find the words which showcase fairness in the wordsearch below.



 Honesty
 Impartiality
 Candour
 Truthfulness

Justness
 Legitimate
 Rational



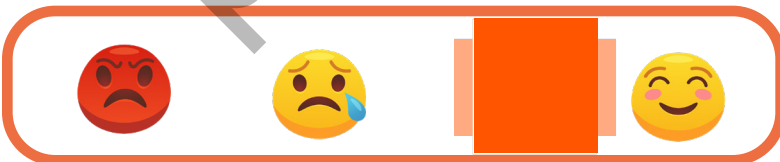
When we are learning about being fair our emotions can sometimes get tangled and muddled up. We need to sort through what we feel inside in order to make wise choices on the outside.

Can you solve the Sudoku face emotion puzzle by drawing in the missing emotions, so that we are not repeating our emotions but working through them step by step?





Emojis to use:



To solve a Sudoku puzzle you must use one emotion in every row and column. It must also be the only one in its box. If you have more than one of the same emotion in a row, column or box, stop and think about where that emotion should go because it does not belong there. The same as when you are working through problems. If you don't know how to feel, stop and think about it before going ahead.





State what happened here:



How did you feel when you found you judged them wrongly?

Draw a picture of what took place.

State how you would handle things differently now.



Look at each of the following scenarios and circle whether it is **fair** or **equal** treatment that is given.

Scenario		
1. You are lined up for a race on the field with a group of students. An infant student is placed next to you to run the same distance in the race against you.	Fair	Equal
	Fair	Equal
3. During a dinner party at home, the adults are served more food than the children.	Fair	Equal
4. A Standard 1 student is given the same amount of homework as a Standard 5 student.	Fair	Equal
	Fair	Equal

Choose any one of the above scenarios and discuss with your teacher or group the reason why you choose your answer. When you have finished your discussion, write your thoughts below about how the chosen scenario is being either fair or equal .

Find the 5 Differences between the two pictures below!

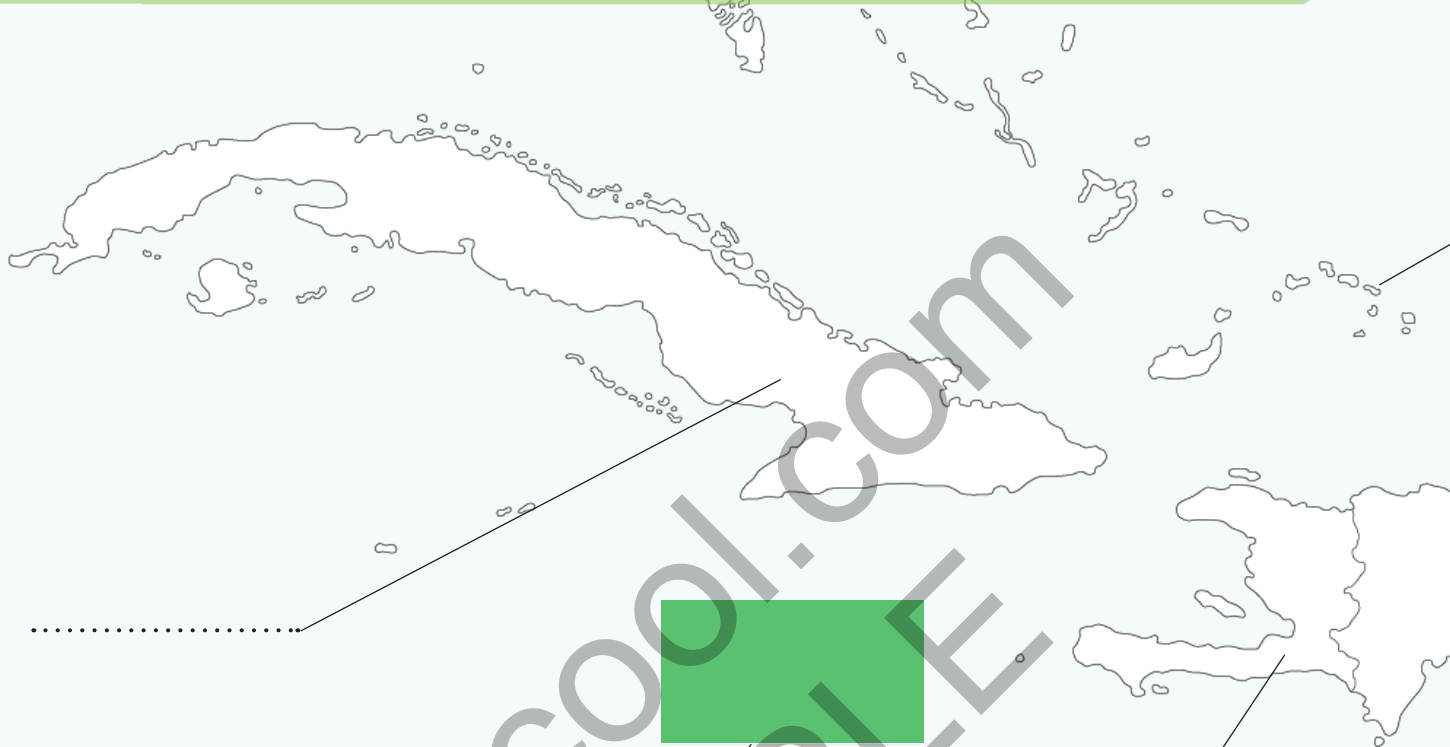


Here are some ways that can help you to be fair in your decision making process.

1. [Redacted]
2. Listen carefully with an open mind to what the problem is from all affected before having an opinion.
3. Do not take sides or have favorites. Be impartial.
4. [Redacted]
5. Be truthful even if it does not benefit you or those you know.

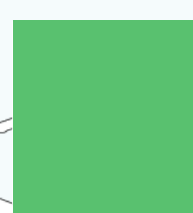


3. Respect for our Caribbean Neighbours



Our Caribbean neighbours are those we share common interests with. They deserve our respect. As part of a community which strives towards togetherness in music, sports, arts, culture and food we are both different and the same. We should treat all Caribbean nationals the way we would like to be treated.





In the Caribbean, we are a community. We are known as
CARICOM (Caribbean Community)

We can show respect for our neighbours by knowing who they are,
where they live and how they identify themselves.

Find the words below that highlight respect for our Caribbean neighbours.

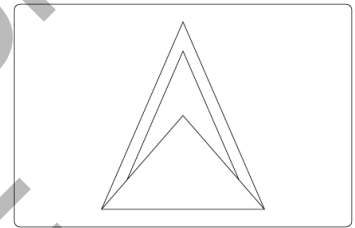
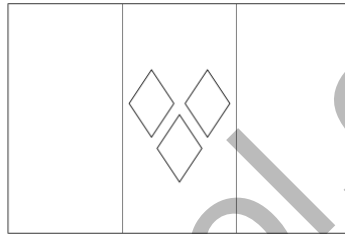
-  Recognize
-  Value
-  Esteem
-  Heed
-  Appreciate

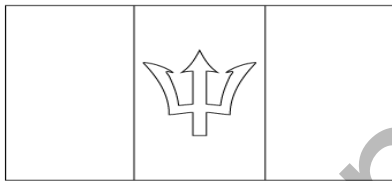


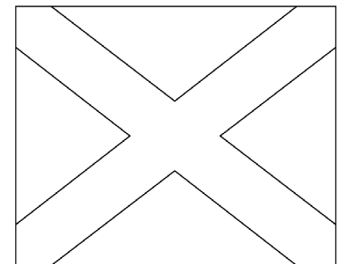
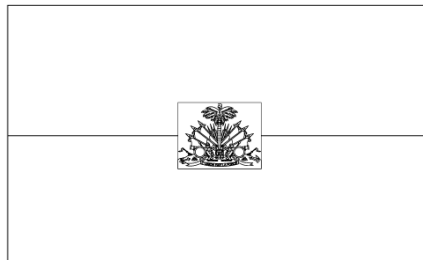
Each country has their own flag that should be treated with respect.

Can you correctly name the country of the flags shown? Do you know their colours?

Write the names next to the flags and then colour them in.







What is Caribbean Music?

Do you know that in the Caribbean we have many varied types of music.

There is Salsa, Chutney, Bolero, Folk and Parang to name a few.

Title of Song	Genre	Artist
Rally Round the West Indies	<input type="text"/>	David Rudder
Three little Birds	<input type="text"/>	Bob Marley
Zouk la sé sèl mèdikaman nou n	<input type="text"/>	Kassav

Which is your favourite type of Caribbean music?

Write the reason you enjoy it.

Can you write a short musical piece? Give your song a title. Say which genre it is. Perform it for your class.

Find out more about the songs above using different resources such as books, television, music collections, the internet or your parents!

Pirates of the Caribbean Treasure Hunt.

Items of the Caribbean were stolen away by pirates!

They need to be returned to their destinations.

Write the name of the country that the item is most commonly known for.

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SAMPLE

Did you know that
The Pirates of the Caribbean
was filmed in St.Vincent and the
Grenadines?

"Why you come here? Go back to your country nah!" shouted the boys to the new foreign students. The new students were very uncomfortable and upset. They came to Trinidad due to extreme circumstances which made life in their country unbearable. Now here they are faced with taunts and jeers. Look at the following statements below and tick yes or no in the boxes after it.

<input type="radio"/>		<input type="checkbox"/> YES <input type="checkbox"/> NO
<input type="radio"/>	If you were living in a dangerous environment, would you want to go to a peaceful place to live?	<input type="checkbox"/> YES <input type="checkbox"/> NO
<input type="radio"/>	If you were not able to go to school and you had the opportunity to , would you want it?	<input type="checkbox"/> YES <input type="checkbox"/> NO
<input type="radio"/>	If your parents lost their job and could not get another in their country, but could get another in a different country, would it be okay for them to go there?	<input type="checkbox"/> YES <input type="checkbox"/> NO
<input type="radio"/>		<input type="checkbox"/> YES <input type="checkbox"/> NO
<input type="radio"/>	If people in your country did not respect your religion and tried to kill you for it, would it be okay for you to go and live in another country?	<input type="checkbox"/> YES <input type="checkbox"/> NO
<input type="radio"/>		
<input type="radio"/>	If you are sick and cannot get medicine in your country, is it okay to go to another country where you can be taken care of?	<input type="checkbox"/> YES <input type="checkbox"/> NO
<input type="radio"/>	If your country was sinking underwater due to climate change, would it be okay for you to move to another country?	<input type="checkbox"/> YES <input type="checkbox"/> NO
<input type="radio"/>		

Discuss the points above with your teacher and classmates. These are some of the reasons why there may be refugees that you see in your community. Ensure that you treat them with respect because we are all human beings.

Scavenger Hunt

Go to pennacool.com and look for the VCCE Subject. There you will see many videos, quizzes and games. Solve the riddles below to find the answers for the scavenger hunt game within the topic of Respect!

1.

2. I teach you how to take care of your body. When you respect yourself, you will also learn to respect others.

3. Here we can learn about examples of being polite. Being polite to others is a part of respecting them.

4. We are surrounded by beautiful animals and plants. We must care for nature and preserve it for the future. I ask you about the ways in which we can do this.

5.



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Republic Bank

community challenge

4. Caring

Become a caring Caribbean Citizen

Citizens of Trinidad and Tobago do not only belong to our nation. We also belong to a Caribbean Community. Many of the islands of the Caribbean have joined forces to protect our lands and people. We should strive to lend a hand to keep our nation and community a beautiful and happy one.

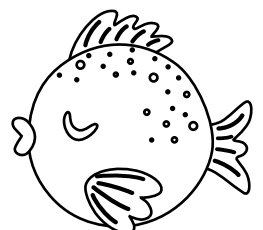
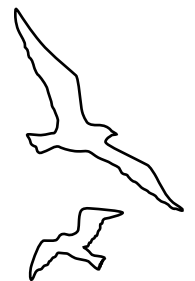
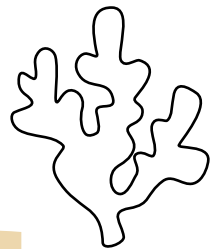
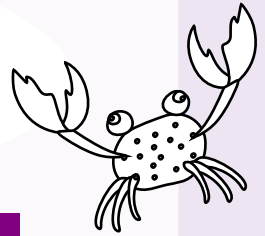
Some things that we can do are:

1. Respect and care for our environment especially our Caribbean Sea which we all share.
2. Help our Caribbean neighbours in times of need such as natural disasters.

- 
5. Learn about drug and child abuse and the ways to get help.



Spot the Differences
Beach clean up scene -
Find the 5 Differences!



The ocean sustains life. It is important that we care for and protect it. In Trinidad and Tobago we are surrounded by beautiful oceans with abundant life.

How to create your diorama.

2. Gather materials. Below is a suggested list. Feel free to adjust any way that is suitable to you.

3. [Redacted]
4. Use the cardboard box as your base. Cut an opening to display your creation.
5. Paint the box ocean blue or blue-green to represent the ocean.
(You can use other materials if you wish.)
7. [Redacted]
8. Place pictures or models of your plants and animals in the 'ocean'.

Cardboard box
Construction paper

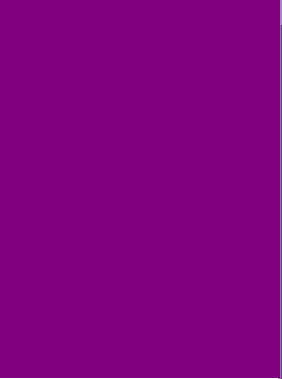
Sand
Paint

Paintbrush
Scissors

Glue
Kite paper

Ocean creature
Magazine clippings

You can place a picture of your creation here.



Ensure that the important information about the problem is visible. The pictures that are drawn should be related to the problem.

Think about the layout of the information; it should be neat and attractive.

Lastly, ensure that there are no grammar, spelling or punctuation mistakes.



When we care about our home we also care about our neighbours and community. In the Caribbean we are proud of the beautiful beaches and friendly people all around us. It is our duty to take care of our natural resources and people in order for us to remain one of the most beautiful places in the world to visit.

Find the words below which show the ways in which we care.



Kind
Protect



Treasure
Environment



Humanity

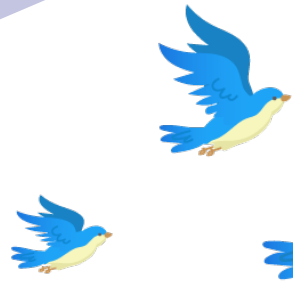


Express 3 reason why your class thinks that this is important and two reasons why you believe they may be able to help you,

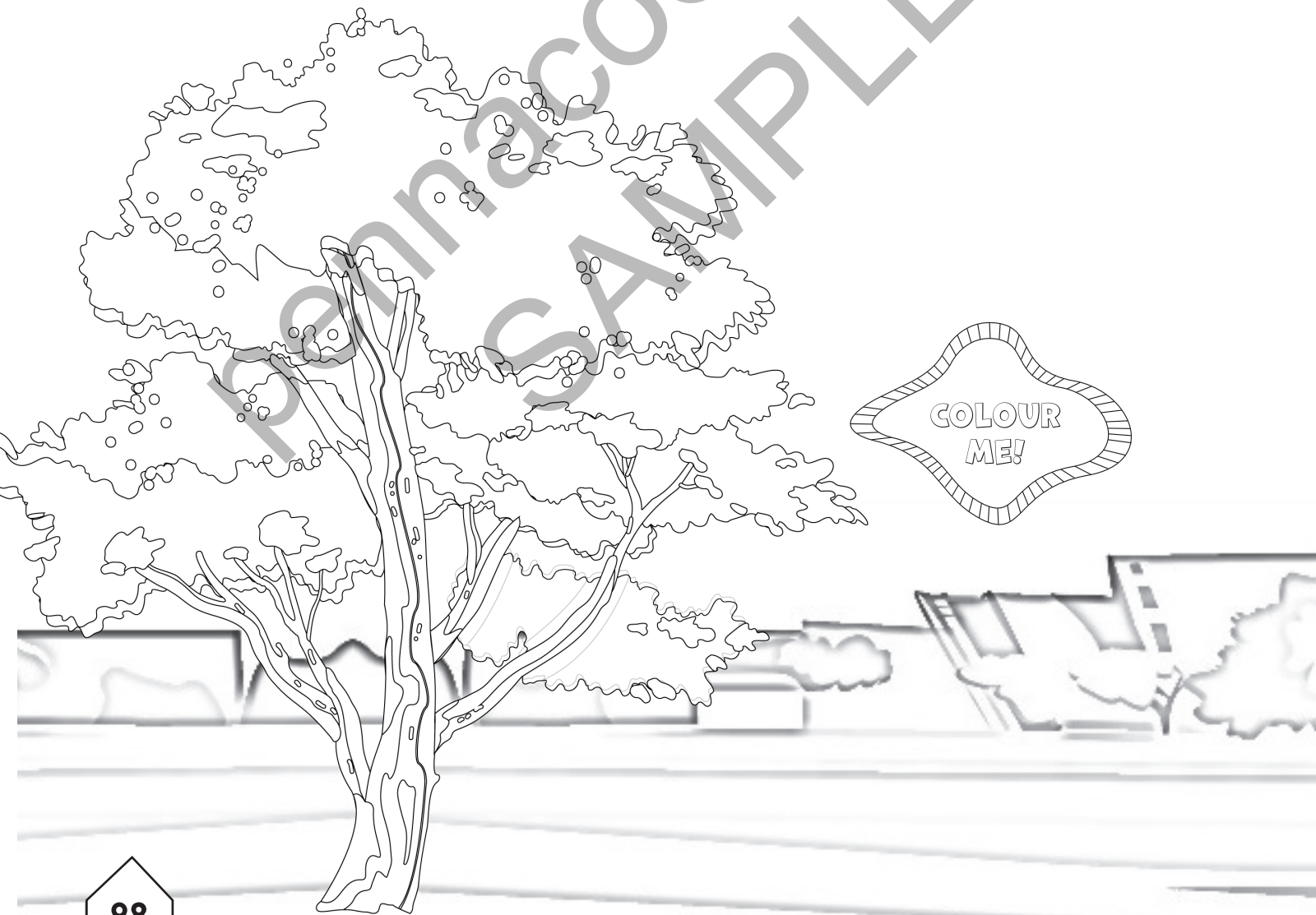
pennacool.com

SAMPLE

5. Responsibility



Social Responsibility is the idea that our actions affect others. These actions can have either a positive or a negative effect on those around us. As individuals, we should strive to positively impact our family, school and community.



Using the words from the box, fill in the passage below.

When you have completed it, re-read it to ensure that it makes sense.

Each word is used only once in the passage.



 accept actions  depend

When I am responsible people can _____ on me. I can make good _____. I am a _____ child, student and citizen of my country. I _____ both the positive and negative outcomes of my _____.



Individual Student Responsibility

Bring my books to school everyday

Class Responsibility

Keep our classroom tidy

At school you have different responsibilities. They can be as an individual student or as a class. Can you think of at least 5 of each responsibilities for each that you have? You can work on these lists individually or in a group. The first of each is done for you.

When the list is completed, challenge a friend to see whose list is complete by placing a check mark (✓) in the box next to it.

At home there are some family responsibilities and some personal responsibilities. Can you sort them into the correct categories below?



Family Responsibility

Personal Responsibility

Caring for family members .
Supervising children.

Being diligent at school.

Providing an income.

A rule is an instruction. It is based on the idea of what is the right way that something should be done.

Rules are given to keep us safe, teach us respect, show us how to interact with others and how daily things are to be done in general.

Rules for the society are called Laws. Disobeying rules and laws can get you in trouble with those in authority.

You should:

1.
2. Know the rules of your school.
3.
4. If you don't understand a rule, ask for it to be explained to you.
5.



It is our individual responsibility to know the rules of the society from which we belong. This can be our family rules, class rules, school rules or country rules. Our responsibility is to know the rules and take accountability for our actions.

Find the words above that shows social responsibility.

Duty

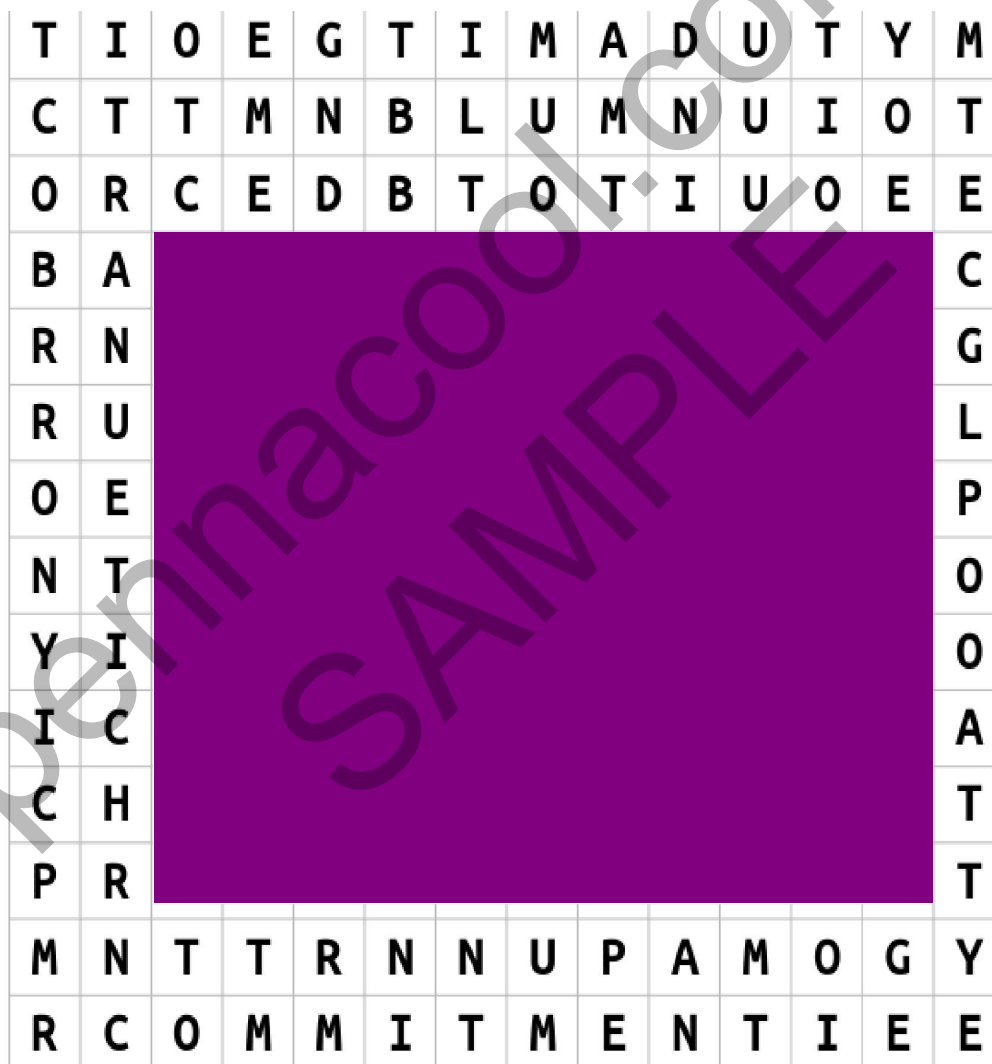
Pledge

Burden

Trust

Chore

Job



Go to pennacool.com and complete the online exercises! Follow the steps at the start of the book



It is not always easy to make responsible decisions.

Here are 7 steps that you can follow

Step 2: Gather Relevant Information

Step 3: Brainstorm Solutions

Step 5: Make A Choice

Step 7: Evaluate The Outcome



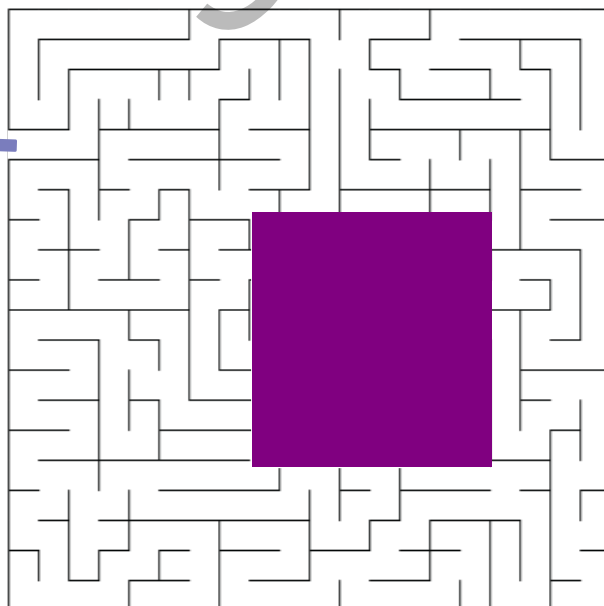
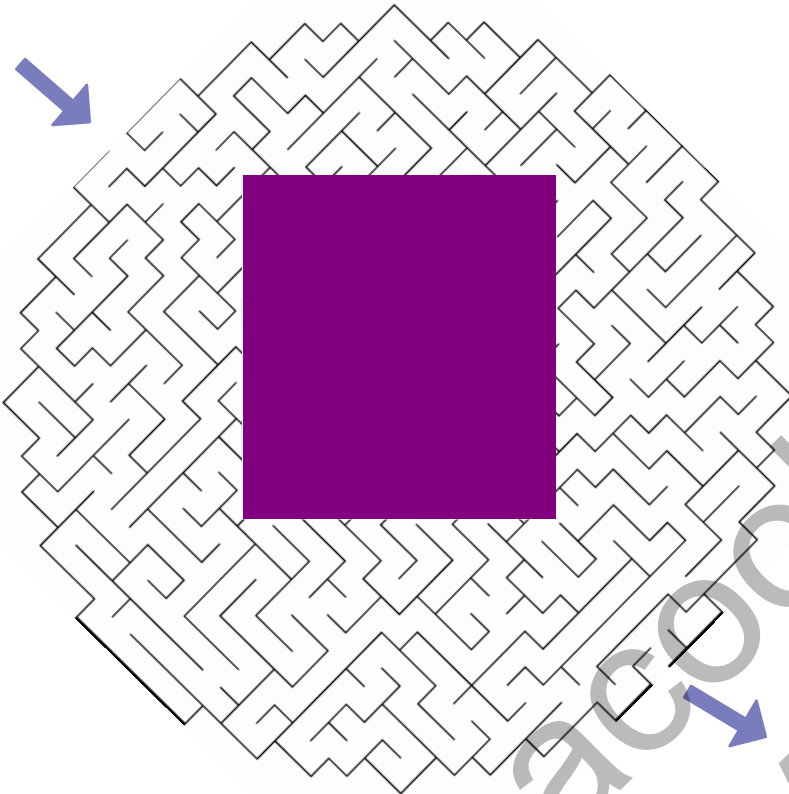
above write out what you would do, to resolve the situation.

Safety procedures and guidelines

Due to the Corona Virus, we have many new rules.

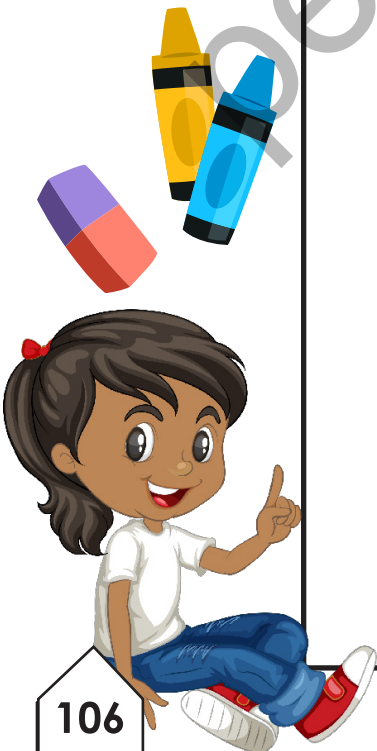
One such rule is that we can only move one way in our classroom and one way out. Can you help Ashton get into class, go to the teacher's table and then to his seat?

Be careful that you don't exit the classroom or double back over the same lines you already drew.



Create a poster that raises awareness about online bullying. In the poster outline what is cyber bullying. Why it should not be done. What to do if you or someone you know is being bullied.

Scan this QR code with your mobile device for a fun video about Being a Buddy and not a Bully on pennacool.com



We are not always responsible. We do not follow the rules we are given. This is the cause of a problem. At times this leads to negative consequences which is the effect of us not following the rules.

Can you list some cause and effect of not following the rules at the places listed below?

Example.

At the movies

Cause: I was not quiet during the movie.

Effect: I was asked to leave.

2. At Home

Cause: _____

Effect: _____

3. At School

Cause: _____

Effect: _____

4. _____

Cause: _____

Effect: _____

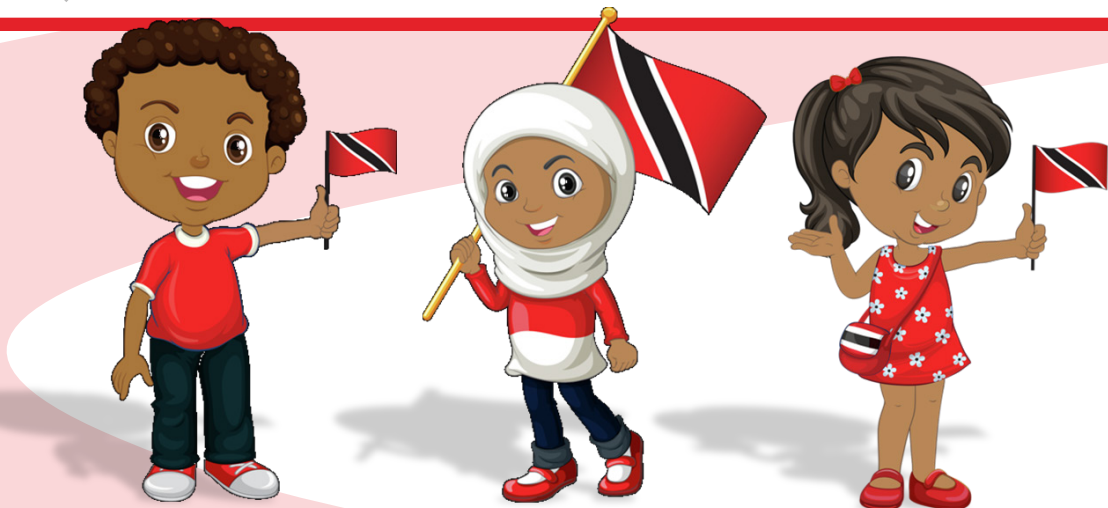


6. Citizenship

A citizen is a person who is a member of a country. They are given certain rights by the government. In return they are expected to be responsible and dutiful by upholding the laws of the land and being loyal to the country. Citizens should strive for social justice where our society understands the values of human rights, freedom, equality and dignity.

We can practice this by:

1.
2. Knowing your rights as a citizen.
3. Being responsible in maintaining your rights.
4.
5. Volunteering and participating in activities which help social issues.



According to the United Nation Convention on the Rights of a Child, all children around the world have the same rights. It is however the responsibility of the government, family and children themselves to ensure that they fulfil the responsibilities of these rights.



Find the words that represent citizenship.

Rights



Society

Allegiance

Inhabitant



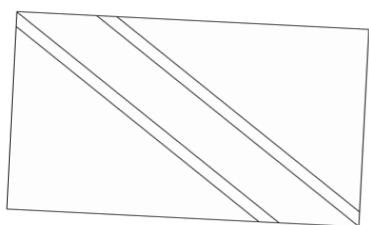
Resident

Native



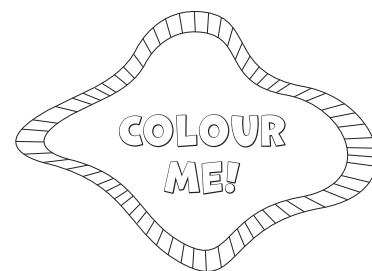
★ ★ ★ TOLERANCE

TOGETHER WE ASPIRE



DISCIPLINE

PRODUCTION



How well do you know your country?
Colour and Label the map of Trinidad and Tobago.



TOGETHER WE ACHIEVE

Trinidad and Tobago's National Watch Words are:
Discipline Tolerance and Production and our
National Motto: Together We Aspire, Together We Achieve.



Our Coat of Arms was designed in 1962, the year of Trinidad and Tobago's Independence! It features birds native to Trinidad and Tobago; the Scarlet Ibis, the Hummingbird and the Cockerel. The three ships represent the Trinity as well as the three ships of Columbus. The three mountain peaks represent the southern mountain range, called the "Three Sisters". The fruited coconut palm dates are an ode to the days when we were a separate administrative unit.

Rights, responsibilities and privileges. Your rights (Rights of a child) are those things that the law says that you are entitled to. Your social responsibility is how well you perform the duty of your right without harming others. A privilege speaks of those rights that you have that for various reason others around you may not be able to access.

Take a look at this Right, Responsibility and Privilege that some children may have and fill in the blanks.

- A child has the _____ to a good education.
- A child has the _____
- A child has the _____ be able to attend school every day.
- A child has the _____
- A child has the _____ to ensure that my environment is clean.
- A child has the _____ to have somewhere to live or go to school.
- A child has the _____
- A child has the _____ not to waste the food I have.
- A child has the _____ to have money to purchase food.
- A child has the _____ to be protected from cruelty, conflict, exploitation and neglect.
- A child has the _____
- A child has the _____ to grow up in a place that is safe for them.
- A child has the _____ to worship under any religion.
- A child has the _____ to respect other religions.
- A child has the _____ to have a place to practice their religion.
- A child has the _____ to medical care.
- A child has the _____ to take care of themselves.
- A child has the _____